Ain't My Girl

級數: Low Improver



拍數: 32

編舞者: Ally Miller (USA) - May 2025

音樂: Maria - Justin Bieber

Intro: 16 counts - No tags, No restarts

[1-8] Side Rock, Recover, Behind Side Cross, Side Rock, Recover, Behind Cross Shuffle

- 1-2 Step RF to R side shifting weight onto RF, Recover weight back onto LF
- 3&4 Step RF behind LF, Step LF to L side, Step RF across LF

牆數: 4

- 5-6 Step LF to L side shifting weight onto LF, Recover weight back onto RF
- &7&8& Step LF behind RF, Step RF to R side, Step LF behind RF, Step RF to R side, Step LF behind RF

[9-16] RF Point and Hold, LF Point and Hold, Heel & Toe, Hip Swivel

- 1-2 Point RF to R side, hold
- &3-4 Step RF next to LF, Point LF to L side, hold
- 5&6& Place L heel forward, Bounce onto LF, Point RF behind LF, Bounce back onto RF
- 7&8 Step down onto LF keeping LF forward and RF behind, Swivel heels left raising L hip, Bring heels back center

[17-24] Coaster step, Step ½ pivot, R wizard step, L wizard step

- 1&2 Step LF back, Step RF next to LF, Step LF forward
- 3-4 Step RF forward, Pivot ¹/₂ turn to L
- 5-6& Step RF to R diagonal, Step LF behind RF, Step RF forward
- 7-8& Step LF to L diagonal, Step RF behind LF, Step LF forward

[25-32] Rocking chair, 1¾ spin

- 1-2 Step RF forward shifting weight onto RF, Recover weight back onto LF
- 3-4 Step RF back shifting weight onto RF, Recover weight back onto LF
- 5-6 Step RF forward, Pivot ³/₄ L
- 7-8 Step RF forward turning ½ turn, Step LF back making ¾ turn

when doing the rocking chair, the wall to your R will be the next wall you spin into *for those who cannot spin, you may substitute for ½ pivot turn and then a ¼ paddle turn*

Last Updated: 20th May 2025