Let's Get Rowdy



拍數: 24 牆數: 4 級數: Improver

編舞者: Madison Spears (USA) - May 2025 音樂: Stomping Ground - Hayley Jensen



Dedicated to Matthes Tree Farm in Ida, MI

**2 Tags (8 counts)

*1 Restart

SECTION 1: R Heel Grind 1/4 turn, R Coaster, L Heel Grind 1/4 turn, L Coaster

1 - Push R heel into ground2 - Use R heel to turn ¼ turn to R

3&4 - Step R foot back, Bring L foot to R foot, Step R foot forward

5 - Push L heel into ground

6 - Use L heel to turn ¼ turn to L (back to 12:00)
7&8 - Step L foot back, Bring R to L, Step L forward

SECTION 2: Walk, Side Rock Cross, 1/4 Turn Pivot, Cross Shuffle

1-2 - Walking two steps forward, starting with R foot

3 - Rock R foot to R side

& - Recover weight back to L foot

4 - Cross R foot over L foot, placing weight on R foot

5 - Step L foot forward

6 - Use L foot to pivot ¼ turn R (3:00)

7 - Cross L foot over R foot
& - R foot small step to R
8 - Cross L foot over R foot

SECTION 3: Side Rock (or jump), Weave, ½ Pivot Turn, Stomp x3

1 - Rock R foot to R side OR jump onto R foot to R

2 - Recover weight onto L foot3 - Cross R foot behind L foot

& - Step L foot to L

4 - Cross R foot in front of L foot

5 - Step forward on L foot

6 - Using L foot, Pivot ½ turn over R shoulder (9:00)

7&8 - Stomp L foot, Stomp R foot, Stomp L foot (you should move forward slightly while doing this almost like a stomp run)

*Tags happen here on Walls 3 & 7 (as soon as you turn to that wall)

TAG: Side Rock, Weave, Kick Front, Kick Side, L Coaster Happens on Walls 3 & 7

1 - Rock R foot to R side2 - Recover weight on L foot

3&4 - Cross R foot behind L foot, Step L foot out to L, Cross R foot in front of L foot

5 - Kick L foot front6 - Kick L foot to L side

7&8 - Step L foot back, bring R foot to L foot, Step L foot forward

^{**}Dance starts exactly 8 counts into the music**

^{*}Restart happens here on Wall 10

