

Bell Bottoms Up

COPPER KNOB
STEPPERS

拍數: 52 牆數: 4 級數: Easy Intermediate
編舞者: Glenda Silver (AUS) - April 2025
音樂: Bell Bottoms Up - Lainey Wilson : (Album: Bell Bottoms Up)



Tags: 1 Restarts: 2
Intro: 32 counts on vocals

Shuffle Fwd R&L, Pivot L, Turning L Shuffle RLR

1&2 3&4 Shuffle Fwd R&L
5 6 Step fwd R 1/2 Pivot L
7&8 Turning shuffle L back RLR

Walk Back LR, Coaster Step Back, Boogie Steps Fwd RLRL

1 2 3&4 Walk back LR, step back L, tog R Fwd L
5678 Boogie walk steps, RLRL

Rock Side R, Replace, Behind Side Cross R, Rock L, Replace, Behind 1/4 R, Fwd L

1 2 Rock side R, replace onto L
3&4 Step R behind L, side L, cross R over L
5 6 Rock side L, replace onto R
7&8 Step L behind R, 1/4 turn R on R, fwd L ** R (wall 5)

Pivot L, Shuffle RLR, Pivot R, Shuffle LRL

1 2 3&4 Step fwd R, pivot 1/2 L, shuffle Fwd RLR
5 6 7&8 Step Fwd L, pivot 1/2 R, shuffle fwd LRL

Rocking Chair x 2

1234 Rock Fwd R, replace, rock back R, replace
5678 Repeat above 4 counts

'V' Step, 2 x 1/2 Pivots L

1234 Step R Diag, step L Diag, R replace, L replace
5678 Step Fwd R, 1/2 pivot L, repeat * R (wall 3)

Side R, Side L

1234 Step side R, touch L beside R, side L, touch R beside L # Tag

Tag: End of wall 2, facing 6.00.

Add # 8 count tag

1234 Hips RLRL

Add; Rocking chair

5 6 Rock Fwd R, replace L
7 8 Rock back R, fwd L

Restarts: Wall 3, Dance to count 48, Facing 9.00 * R

Wall 5, Dance to count 24, Facing 3.00 ** R

Note: on wall 5, Restart will happen through instrumentals, keep going

Finish: Wall 8, After count 52. Vine R&L. Facing 12.00

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