

About Gone

拍數: 32 牆數: 2 級數: Novice
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音樂: About Gone - Adam Doleac



[1-8] Weave - Side Rock Cross (R and L)

1&2& Step right to right - Step left behind right - Step right to right - Cross left over right
3&4 Step right to right with support - Step back on left support, Cross right over left
5-8 Same on left

[9-16] Step forward diagonal - Bounces x 3 1/4 turns (L) Vaudevilles (R and L)

1-2 Step right diagonally forward - Lift both heels rest them, starting the quarter turn to the left
3-4 Finish the quarter turn by lifting and lowering 2 X Heels (9:00)
5 & 6 & Cross right over left - Step left to the left - Step right heel forward - Step right next to left
7 & 8 & Cross left over right - Step right to the right - Step left heel forward - Step left next to right

[17-24] Step 1/2 turn (L) - Step fwd - Full Turn – Side Rock - behind Side Cross

1 & 2 Step right forward - 1/2 turn left - Step right forward (3:00)
3 & 4 Full Turn (3:00)
5-6 Step right to the right with support - Return to support on left
7 & 8 Cross right behind left - Step left to the left - Cross right over left

[25-32] Rocking Chair diagonal - Step fwd diagonal - 1/4 turn (R) - Cross Shuffle

1-2 Step left diagonal forward with support - Return to support on right
3-4 Step left back with support - Return to support RF
5-6 LF forward diagonally - Do the 1/8 + 1/4 (6:00)
7&8 Cross Shuffle

Finish: Replace the 1&2 counts of the 3rd section with

1-2 RF forward - 1/4 turn left (End at 12:00)

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Panneaux latéraux

Historique

Enregistrées

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