Do Me Like a Drug

拍數: 32

級數: Intermediate Cha Cha

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音樂: Do Me Like a Drug - Emmanuel Franco : (Single)

Intro: 16 counts (approx. 9 secs) start with vocals, Sequence: Insert 6-ct Tag after walls 2 & 5 [1 – 7] Cha Starter Basic R (Side R, Rock Fwd, Recover, Triple L), Touch Back, Step/Look & Snap R Starter Basic R: 1) Step side R; 2) Rock forward L; 3) Recover weight back on R 1.2.3 4&5 Triple Side L: 4) Step side L; &) Step together R; 5) Step side L 6,7 6) Touch back on ball of R; 7) Take weight back on R while you look back over R shoulder [towards 6:00] and snap R fingers back at waist level [8 – 15] Triple 3/4 Turn*1 Left (or Step-1/2-1/4), Time Step (or Step-Step-Side, Step-Step-Side), Rock Back R, Recover *1 Triple 3/4 left: 8) Look forward [towards 12:00] shifting weight forward on L; &) Turn 1/2 left 8&1 stepping back R [6:00]; 1) Turn 1/4 left stepping side L [3:00] 2&3 Time Step (work those hips!): 2) Step together R; &) Step together L; 3) Step side R 4) Step together L; &) Step together R; 5) Step side L 4&5 6.7 6) Rock back R; 7) Recover weight forward on L*** [16-23] 1/4 Turn Right with Running Triple, 1/2 Pivot Right, 3/4 Roll*2 with Cross Hesitation**, 1/4 Ball Cross Run forward 8)R-&)L-1)R while curving 1/4 to the right during these counts [6:00] 8&1 2,3 2) Step forward L; 3) Turn 1/2 right shifting weight forward to R [12:00] 4&56 *2 ,6** 4) Turn 1/2 right stepping back L [6:00]; &) Turn 1/4 right stepping side R [9:00]; 5) Step left across R; 6) Hold (or mild top half body roll "up")** &7 &) Turn 1/4 left stepping side on ball of R; 7) Step L across R [6:00] [24-32] 1/2 Turning Ball-Lock-Back, 1/4 Turning Back-Lock-Back, Step Back R, Sit, Step/Stand, 1/2 Pivot Left 8&1 8) Turn 1/4 left stepping side on ball of R [3:00]; &) "Lock" step L across R; 1) Turn 1/4 left stepping back R [12:00] 2&3 2) Turn 1/8 left stepping back L [10:30]; &) "Lock" step R across L; 3) Turn 1/8 left stepping back L [9:00] 4-5 4) Touch back on ball of R; 5) Roll back to "sit" over R with both knees bent weight fully on R** (this is back to where you started the rotation section at ct. 22) 6,7,8 6) Stand up taking weight forward on L; 7) Step forward R; 8) Turn 1/2 left shifting weight forward on L [3:00] This is your new 12:00 reference... take it from the top! Tag: Insert after the 2nd time through [facing 6:00 wall], then continue on from the top of the dance, then insert again after the 5th time through

[facing 3:00 wall] and continue from the top of the dance.

[1-6] Slow Figure 8 Hip Roll, Ball-Side, Touch

- 1-2 1-2) Step side R rolling R hip clockwise forward to back
- 3-4 3-4) Roll L hip anti-clockwise forward to back shifting weight on L
- &5,6 &) Step together on ball of R; 5) Step side L; 6) Touch together R

Footnotes:

*1 Less turn option in 2nd section: 8) Look forward [12:00] shifting weight forward on L; &) Step forward R; 1) Turn 1/4 right

stepping side L [3:00]





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**2 Less turn option in 3rd section: 4) Small step forward L; &) Small step forward R; 5) Step L across R; 6) Hold

**Cheat note: The left rotational locking section starts at count 22 and ends with the sit at count 29 is one full rotation in all,

so note where you are when you "hold" because that's where you're coming back to!

***Ending: You've just done the Time step, 6) Rock; 7) Recover; now add 8) Turn 1/4 left stepping side R [12:00]

APPLY LATIN MOTION, ADD YOUR OWN ATTITUDE AND STYLE, and MOST OF ALL - ENJOY!! This step sheet may be freely copied intact however modifications may not be made without the expressed permission of the choreographers.

Last Update: 4 Jun 2025