Ohana (Family)



拍數: 48 編數: 2 級數: Easy Intermediate

編舞者: Robin Sin (SG) - May 2025

音樂: Hawaiian Roller Coaster Ride (From "Lilo & Stitch") - Iam Tongi, Kamehameha

Schools Children's Chorus & Disney



#24 counts intro on the heavy beats

Sequence: 48-32-48-32-48-32

Dedicate this dance to my mom, HAPPY BIRTHDAY!!! 2405

DIAGONAL TOUCH, DIAGONAL SHUFFLE, DIAGONAL TOUCH, DIAGONAL SHUFFLE

1-2 Step R diagonally right body facing 10.30, drag L towards R

Optional arms: Spread both arms out like you are surfing

3&4 Step forward on L, close R beside L, Step forward on L 10.30
5-6 Step R diagonally right body facing 10.30, drag L towards R

Optional arms: Spread both arms out like you are surfing

7&8 Step forward on L, close R beside L, Step forward on L 10.30

CROSS ROCK RECOVER SIDE, CROSS ROCK RECOVER 1/4 TURN, CURVE WALK 1/2 TURN

1&2 Cross rock R over L, Recover on L, Step R to side

3&4 Cross rock L over R, Recover on R, ¼ turn left step forward on L
5-6 1/8 turn left step forward on R, 1/8 turn left step forward on L,
7-8 1/8 turn left step forward on R, 1/8 turn left step forward on L

Optional arms: 5-8 Wave your hands as when walk around

SIDE CLOSE SIDE TOUCH, SIDE CLOSE SIDE TOUCH (HAWAIIAN DANCE)

1-4 Step R to the side, Close L beside R, Step R to the side, Touch L beside R

Optional arms: Hawaiian dance hand wave at waist level towards the right

5-8 Step L to the side, Close R beside L, Step L to the side, Touch R beside L

Optional arms: Hawaiian dance hand wave at waist level towards the left

SIDE MAMBO STEPS x 2, 1/4 PADDLE TURN, ½ PADDLE TURN

1&2 Side rock on R, Recover on L, Close R beside L3&4 Side rock on L, Recover on R, Close L beside R

5-8 Step R forward, roll hips 1/2 turn left recover on L, Step R forward, Roll hips 1/2 turn left

recover on L

Optional arms: Hawaiian dance hand wave at waist level towards the right

*RESTARTS HERE ON 2nd and 4th wall

OUT OUT IN IN, DIAGONAL SHUFFLE x2

1-4 Step forward on R diagonally right, Step L out to the side, Step back on R, Close L beside R

Towards right diagonal 7.30, Step forward on R, Close L beside R, Step forward on R

7&8 Towards left diagonal 4.30, Step forward on L, Close R beside L, Step forward L

Optional arms: roll fist at waist level

DIAGONAL STEP BACK DRAG x 2, ROCK RECOVER, WALK FORWARD x 2

1-2 Step diagonally right back on R, drag L towards R3-4 Step diagonally left back on L, drag R towards L

5-6 Rock back on R, Recover on L

7-8 Walk forward on R, Walk forward on L

START AGAIN!