Keep You Safe



拍數: 32 編數: High Improver

編舞者: Kimberly Köhler (DE) - May 2025 音樂: Keep You Safe - Sarah Engels



Intro: 8 Counts 2 Tag, 2 Restart

Section 1: Side Rock, Behind-Side-Cross, Side Rock, Behind-Side-Step (1-8)

1-2 Step right to the side, recover weight onto left

3&4 Step right behind left, step left to the side, cross right over left

5-6 Step left to the side, recover weight onto right

7&8 Step left behind right, step right to the side, step left forward

Restart in wall 4 (3:00)and 8(6:00)

Section 2: 2x Shuffle (r,l), rock step, ball rock step with sweep (9-16)

stepping Right forward. Close Left beside Right. Step Right forward stepping Left forward. Step Right beside Left. Step forward on Left.

5-6 rock right forward. Recover weight on left

&7-8 close right beside right,rock Left forward. Recover weight on Right with sweeping left from

front to back

Section 3: 2x back sweep(r,l), Shuffle back, back rock, ½ turn, ¼ turn (17-24)

1-2 step Left back with sweeping right from front to back, step right back with sweeping Left from

front to back

step Left back, close right next to Left, step Left backRock Right back behind Left. Recover forward on Left.

7-8 turn ½ over Left stepping Right back, Turn ¼ Left stepping Left to the side

Section 4: Jazz Box with touch, out out in Cross, ½ turn (25-32)

1-2 Cross right over Left, step Left back

3-4 step right to the side, touch Left beside right

&5-6 step Left diagonal forward, step Right diagonal forward, hold

&7-8 step Left back to the middle, Cross right over Left, Turn ½ over Left (Weight is on Left)

Tag 8 Counts after Wall 2 (6:00) and 6 (9:00)

Nightclub Basic 4x (r,l,r,l)

1-2& step right to the side, back ,cross
3-4& step left to the side, back ,cross
5-6& step right to the side, back ,cross
7-8& step left to the side, back ,cross

Ending: Turn ¾ from 9:00 to 12:00 instead of the ½ turn from Counts &7-8 in the end

Last Update: 6 Jun 2025