

Keep on Steppin

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Improver
編舞者: Johnny Andersson (SWE) - May 2025
音樂: Keep on Steppin - 'Mike Clark Jr'



Intro: 32 Counts
No Tags, No Restarts!

Jazz box, ¼ turn, ½ turn, ¼ turn chasse

1-4 Cross R over L, Step back on L, Step R to R, Cross L over R
5-6 Turn ¼ R step R fwd, Turn ½ R step back on L
7&8 Turn ¼ R step R to right side, Step L into R, Step R to R side (12:00)

Easy option (Jazz Box, step R to R, step L into R, chasse R)

Jazz box, ¼ turn, ½ turn, ¼ turn chasse

1-4 Cross L over R, Step back on R, Step L to L, Cross R over L
5-6 Turn ¼ L step fwd L, Turn ½ L step back on R
7&8 Turn ¼ L step L to left side, Step R into L, Step L to L side (12:00)

Easy option (Jazz Box, step L to L, step R into L, chasse L)

Rockin chair, Step, Hold, Step turn ½ R

1-4 Rock R fwd, Recover on L, Rock back on R, Recover on L
5-8 Step R fwd, Hold, Step L fwd, Turn ½ R (06:00)

Rockin chair, Step, Hold, Step turn ½ L

1-4 Rock fwd L, Recover on R, Rock back on L, Recover on R
5-8 Step fwd L, Hold, Step R fwd, Turn ½ L (12:00)

Heel & Heel, Step ¼ L, Rock, Recover, Turn ¼ L

1&2& Tap R heel fwd, Step R into L, Tap L heel fwd, Step L into R
3-4 Step fwd on right, Turn ¼ L (09:00)
5-6 Rock R to R, Recover into L
7-8 Step R behind L, Turn ¼ L step L fwd (06:00)

Heel & Heel, Step ¼ L, Rock, Recover, Turn ¼ L

1&2& Tap R heel fwd, Step R into L, Tap L heel fwd, Step L into R
3-4 Step fwd on right, Turn ¼ L (03:00)
5-6 Rock R to R, Recover into L
7-8 Step R behind L, Turn ¼ L step L fwd (12:00)

Diagonal R fwd, Touch, Diagonal fwd L, Touch, Diagonal back R, Touch, Diagonal back L, Touch

1-4 Step R fwd to R diagonal, Touch L into R, Step L fwd to L diagonal, Touch R into L
5-8 Step R diagonal back to R, Touch L into R, Step L diagonal back to L, Touch R into L

Rock, Recover, Cross, Hold, Step to L, Cross, Step ¼ L, Step L fwd, Turn ¼ L

1-4 Step R to R side, Recover on L, Cross R over L, Hold
&5-8 Step L to L, Cross R over L, Turn ¼ L step fwd L, Step R fwd, Turn ¼ L (06:00)

Ending wall 5

8 Change the last step to a ¾ turn L, Step R to R side

Have Fun!

