

Nostalgia CS

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
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音樂: Nostalgia - Conner Smith



Intro : 32c

[1-8] Rock Step fwd R, ½ turn Step fwd R, ½ turn, Coaster Step L, Stomp-up R

- 1-2 « Rock Step » : RF forward – recover on LF
- 3-4 ½ turn R and RF forward, ½ turn R (on RF) 6-12H
- 5-7 « Coaster Step » : LF back - RF next to LF – LF forward
- 8 « Stomp-up » RF next to LF (bounce the foot)

[9-16] Coaster Step R, Kick L, Vaudeville ¼ turn L, Hook L

- 1-3 « Coaster Step » : RF back – LF next to RF – RF forward
- 4 « Kick » LF forward
- 5-7 « Vaudeville » : cross LF in front of RF – RF to R – ¼ turn L and L heel forward 9H
- 8 « Hook » cross L leg in front of R leg (at the level of the tibia)

[17-24] Step fwd L, Point back R, ½ turn Heel Strut R, Step Turn ¼ L, Together L, Hold

- 1-2 LF forward, R point back (bent leg)
- 3-4 ½ turn R and « Heel Strut » : R heel forward – drop RF (on RF) 3H
- 5-6 « Step Turn ¼ » : LF forward – ¼ turn R (on RF) 6H
- 7-8 LF next to RF, hold

[25-32] Stomps Out-Out fwd with Holds R-L, Heel Fan R, Heel-Toe Traveling R to L

- 1-4 Stomp RF diagonally forward R, hold, stomp LF to L, hold
- 5-6 « Heel fan » : R heel to L (in) – refocus R heel (RF returns to its place)
- 7-8 R heel to L (in), R toe to L (in)

[33-40] Kick R, Flick L, ¼ turn Kick L, Flick R, Heel R, Touch L, ¼ turn Heel L, Flick R

- 1-2 « Kick » RF forward, RF next to LF and « Flick » lift LF back
- 3-4 ¼ turn L and « Kick » LF forward, LF next to RF and « Flick » lift RF back 3H
- 5-6 R heel forward, RF next to LF and touch L point next to RF
- 7-8 ¼ turn L and L heel forward, LF next to RF and « Flick » lift RF back 12H

[41-48] Kick R, Flick L, ¼ turn Kick L, Flick R, Vine R, Stomp-up L

- 1-2 « Kick » RF forward, RF next to LF and « Flick » lift LF back
- 3-4 ¼ turn L and « Kick » LF forward, LF next to RF and « Flick » lift RF back 9H
- 5-7 « Vine » : RF to R – LF behind RF – RF to R
- 8 « Stomp-up » LF next to RF (bounce the foot)

[49-56] Side step L, Kick R, Behind R, ¼ turn Step fwd L, Rocking Chair R

- 1-2 LF to L, « Kick » RF forward
- 3-4 RF behind LF, ¼ turn L and LF forward 6H
- 5-8 « Rocking Chair » : RF forward – recover on LF – RF back – recover on LF

2 Restarts after 56c = 3rd wall (6H) and 6th wall (12 H)

[57-64] ½ turn Toe Strut back R, ½ turn Toe Strut fwd L, Side Step R, Hold, Stomp L, Hold

- 1-2 ½ turn L and « Toe Strut » : R toe back – drop R heel 12H
- 3-4 ½ turn L and « Toe Strut » : L toe forward – drop L heel 6H
- 5-6 RF to R, hold
- 7-8 « Stomp » LF next to RF (on LF), hold

TAG = after the end of the 1st wall (6H) :

Kick R, Hold, Cross R over L, Hold, Full turn

1-4 « Kick » RF forward, hold, Cross R over L, hold
5-8 full turn to L

FINAL 10th wall (6H), dance the first 4 counts =

Rock Step fwd R, ½ turn Step fwd R, ½ turn R

1-2 « Rock Step » : RF forward – recover on LF
3-4 ½ turn R and RF forward, ½ turn R (on RF)

and finish with :

Step back L, Hold, ½ turn Step fwd R, Hold, Step fwd L

5-6 LF back, hold
7-8 ½ turn R and RF forward, hold
1 LF forward

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