

Elevate

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Intermediate
編舞者: Hiroko Carlsson (AUS) - May 2025
音樂: Elevate (feat. RANI) - Lewis Thompson



Intro: 16 counts)

[S1] Side Rock, Cross-Side-Behind-1/4L, Rocking Chair

1 2 Rock R to the side, Replace weight on L
3&4& Cross R over L, Step L to the side, Step R behind L, Make a ¼ turn left stepping forward on L (9:00)
5 6 7 8 Rock forward on R, Replace weight on L, Rock back on R, Replace weight on L

[S2] Scuff 1/4L-Point, Behind-Side-Cross, Side Rock Turn 1/4R, Step-Pivot 1/2R-&

1 2 Scuff R forward making a ¼ turn left on a ball of L (6:00), Point R to the side
3&4 Step R behind L, Step L to the side, Cross R over L
5 6 Rock L to the side making a ¼ turn right (9:00), Recover weight on R
7 8& Step forward on L, Make a ½ turn right recover weight on R (3:00), Step L next to R

[S3] Twisting Toe Fan L-R, Back-Lock-Back, Back, Cross Touch, Fwd, Quick 1/4R Paddle

1 2 Step forward on R twisting your body to 12:00 while lifting your L toes to the left (12:00),
Twist your body back to 3:00 while dropping your L toes and lifting your R toes to the right (3:00)
3&4 Step back on R, Lock L over R, Step back on R
5 6 Step back on L, Cross/touch R toes over L
7 8& Step forward on R, Step forward on L making a quick paddle ¼ turn right (6:00), Replace weight on R

[S4] Cross Rock, Point, Hop 1/4L, Cross, Back-Side-Cross, Side-&

1 2 Rock/ cross L over R, Replace weight on R
3 4 Point L to the side, Make a ¼ turn left hop on L and sweeping R around (3:00)
5 6& Cross R over L, Step back on L, Step R to the side
7 8& Cross L over R, Step R to the side, Step L close to R

No tags or restarts.

Ending recommendation: The last wall begins at 12:00. Dance up to count 14 (9:00).
Make a paddle 1/4R turn and cross L over R (12:00)

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