

Basic Bailando Shuffle

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: High Beginner
編舞者: V. Allen L. Isidro (USA) - May 2025
音樂: Bailando (feat. Sean Paul, Descemer Bueno & Gente de Zona) (English Version)
- Enrique Iglesias



Set 1 Walk, walk, mambo back, back, back, reverse mambo

1-2-3&4 Forward R – forward L – forward R – recover L - together R

5-6,7&8 Back L – back – R – back L – recover R – together L

Set 2 Sway, recover, side chasse, sway, recover, side chasse

1-2, 3&4 Hip sway R – hip sway L – side shuffle R-L-R

5-6, 7&8 Hip sway L – hip sway R – side shuffle L-R-L

Set 3 BOTOFAGO or samba left and right, ½ turning jazz box

1&2, 3&4 Cross R – side – L – together R, cross L – side R – together L

5-6-7-8 Cross R – ¼ turning side L – ¼ turning side R - together L (6:00)

Set 4 BOTOFAGO or samba left and right, ½ turning jazz box*

1&2, 3&4 Cross R – side – L – together R, cross L – side R – together L

5-6-7-8 Cross R – ¼ turning side L – ¼ turning side R - together L (12:00) *

START ALL OVER

Note: To make it 4-wall, replace steps 30 & 31 with 1/8 turns (or ¼ turning jazz box to (9:00))
