# Support (搀扶)



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Penny Tan (MY) & Shirley Bang (MY) - June 2025

音樂: Chan Fu (搀扶) - Gean Lim (林必媜)



## Dance start from vocal. No Tag No Restart

## SEC1: SWAY, SWAY, SIDE CHASSE (R-L)

Step RF to R with sway, step LF on L with sway
Step RF to R, step LF next to RF, step RF to R
Step LF to L with sway, step RF on R with sway
Step LF to L, step RF next to LF, step LF to L

# SEC2:FWD WITH HITCH (R-L) , FWD , RECOVER , $\frac{1}{4}$ TURN R SIDE , FWD WITH HITCH (L-R) ,FWD , RECOVER , $\frac{1}{4}$ TURN L SIDE

1-2 Step RF fwd with hitch L knee in a figure 4 (or just hitch L knee fwd ), step LF fwd with hitch

R knee in a figure 4 (Or just hitch R knee fwd)

3&4 Step RF fwd, recover on L, 1/4 turn R, step RF to R side (3:00)

5-6 Step LF fwd with hitch R knee in a figure 4 (Or just hitch R knee fwd) ,step RF fwd with hitch

L knee in a figure 4 (or just hitch L knee fwd )

7&8 Step LF fwd , recover on R , 1/4 turn L , step LF to L side (12:00)

#### SEC3: SYNCOPATED WEAVE, CROSS, RECOVER, SIDE, CROSS, RECOVER, SIDE, WALK FWD R-L

1&2& Cross RF over LF, step LF to LF, step RF behind LF, step LF to L

3-4& Cross RF over LF, recover on L, step RF to R
5-6& Cross LF over RF, recover on R, step LF to L

7-8 Walk RF fwd, walk LF fwd

### SEC4: PIVOT 1/2 L, PIVOT 1/4 TURN L, ROCKING CHAIR

1-2 Step RF fwd , 1/2 turn L , step Lf fwd (6:00)
 3-4 Step RF fwd , 1/4 turn L , step LF to L (3:00)

5-8 Rock RF fwd, recover LF, rock RF backwards, recover LF

# Have fun and happy dancing!