

Salah Sendiri

拍數: 32 牆數: 4 級數:
編舞者: Melita Sandra (INA), Vivi Octaviani (INA), Ayu Sadewa (INA), Neni Anggraeni (INA) & Zuriwati (INA) - May 2025
音樂: DJ SALAHMU SENDIRI - KINI SETELAH KUTEMUKAN DIA VIRAL TIKTOK FULL BASS 2024



****4 Tag / No Restart

Tag 1 after W 1, 4 & 14 (4 Count)

Tag 2 after W 11 (8 Count)

Intro 32 Count

S1 BASIC STEP SIDE BACHATA - HIP BUMP --- 2X (R - L)

- 1 - 2 Step RF to right side – Close LF together RG
- 3 - 4 Step RF to right side bumping hip to right – Touch LF slightly opened to side bumping Hip to left
- 5 - 6 Step LF to left side – Close RF together LF
- 7 - 8 Step LF to left side bumping hip to left – Touch RF slightly opened to side bumping Hip to right

S2 RUMBA TOUCH HIP - SHUFFLE FWD

- 1 - 2 Step RF to right side , Close LF together RF
- 3 - 4 Step RF fwd , Close LF with Hip bum
- 5 - 6 Step LF to left side , Close RF together LF
- 7 & 8 Step LF fwd , RF next to LF , step LF fwd

S3 STEP FORWARD, TURN ¼ , CROSS SHUFFLE, TURN ¼ STEP BACK, TURN ¼ STEP SIDE, CROSS SHUFFLE

- 1 - 2 Step RF fwd, Turn 1/4 L
- 3&4 Cross shuffle fwd on R-L-R
- 5- 6 ¼ turn right Step back on LF, ¼ turn right step RF to right side
- 7 & 8 Cross shuffle fwd on L-R-L

S4 PADLE TURN 1/2 - JAZZBOX

- 1 - 2 Step RF Fwd, Turn ¼ L Weight On LF
- 3 - 4 Step RecFwd , Turn ¼ L Weight On LF
- 5 - 6 Cross RF Over LF , Step LF Back
- 7 - 8 Step RF to R , Step LF Fwd

Tag 1 V STEP (4 Count)

- 1 - 2 Step RF fwd to R diag, strp LF fwd yo L diag
- 3 - 4 Step RF back center , strp LF back center

Tag 2 V STEP - ROCKING CHAIR (8 Count)

- 1 – 2 Step RF fwd to R diag, step LF fwd to L diag
- 3 – 4 Step RF back center, step LF back center
- 5 - 6 Rock R forward – Recover on L
- 7 - 8 Rock R back – Recover on L