

Easy Lover

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Tom Inge Soenju (NOR) - May 2025
音樂: Easy Lover - Miley Cyrus



Intro: 16 counts.

Sequence: Repeating sequence.

Tag/Restart: No tags or restarts.

End: Dance 16 counts in wall 10 [12:00] and pose.

SECT 1 [1-8]: SYNC R WEAVE, ¼ L B ROCK TURN, STEP (REC), FWD L COASTER STEP

1 Step RF to R side and keep L heel touching the floor while fanning the toes upwards
2&3 Step LF behind RF, Step RF beside LF, Cross LF over RF
4-5 Step RF to R side, ¼ L turn rocking LF back, Step RF fwd (Recover) [09:00]
7&8 Step LF fwd, Step RF beside LF, Step LF back

SECT 2 [9-16]: B WALK, L COASTER STEP, WALK x2, SIDE ROCK, WALK, FWD ROCK

1-2&3 Step RF back, Step LF back, Step RF beside LF, Step LF fwd
4-5&6 Step RF fwd, Step LF fwd, Rock ball of RF to R side, Transfer weight onto LF
7-8 Step RF fwd, Rock LF fwd

SECT 3 [17-24]: REC, ½ L TOE-BUMP-STEP x2, B STEP, POINT, CROSS

1 Transfer weight onto RF
2&3 ¼ L turn touching L toes to L side and bump L hip up, Bump L hip down, ¼ L turn stepping LF fwd [03:00]3
4&5 ¼ L turn touching R toes to R side and bump R hip up, Bump R hip down, ¼ L turn stepping RF back [09:00]
6-7-8 Step LF back, Point RF to R side, Cross RF over LF

SECT 4 [25-32]: POINT, BEHIND, HEEL FAN, KICK, B STEP, ROCK L/R, BALL, CROSS, ½ L UNWIND

1-2&3 Point LF to L side, Step LF behind RF, Swivel R heel R, Swivel R heel back to center
&4 Kick RF fwd, Step RF back
5-6 Rock LF to L side, Rock RF to R side
&7-8 Step ball of LF next to RF, Cross RF over LF, Unwind ½ L (weight on LF) [03:00]

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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