

Like a Lasso

拍數: 32 牆數: 2 級數: Improver
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音樂: Lasso - LANCO



Intro 48 counts

S1: CROSS, SIDE, R HEEL & L TOE, & R HEEL, CLAP X2, & L HEEL, CLAP X2

- 1-2 Cross R over L, Step L to left
- 3&4 Touch R Heel diag fwd, Step R next to L, Touch L Toe next to R
- &5&6 Step L next to R, Touch R Heel diag forward, clap, clap
- &7&8 Step R next to L, Touch L Heel diag forward, clap, clap [12:00]

S2: CHASSE, ¼ CHASSE, ¼ CHASSE, ½ TURN SHUFFLE

- &1&2 Ball Step L next to R, Step R to right, Step L next to R, Step R to right
- 3&4 Step L ¼ left, Step R next to L, Step L to left [9:00]
- 5&6 Step R ¼ left, Step L next to R, Step R to right [6:00]
- 7&8 ½ turn shuffle left, stepping L, R, L [12:00]

Do lasso swings during Section 2

S3: ROCK FWD REC, SHUFFLE ½ TURN RIGHT, FULL TURN R, L KICK BALL POINT

- 1-2 Ball Step L next to R, Step R forward, recover L (Style; Body Roll on rock/rec)
- 3 &4 Shuffle ½ turn right, Stepping R L R [6:00]
- 5-6 Full turn right stepping L back, R forward (Easy Option; Step fwd L, R)
- 7&8 Kick L, Step L next to R, Point R to right [6:00]

S4: JAZZBOX, SYNCOPATED V- STEP WITH CLAPS

- 1-2 Step R over L, Step Left back slightly to the left
- 3-4 Step R back next to L (shoulder length apart), Step L slightly forward
- &5&6 Hop out R, L, clap, clap (with small shoulder shimmie)
- &7&8 Hop in R, L, clap, clap (with small shoulder shimmie)

Last Update: 2 Jun 2025