For The Good Times

級數: Improver

編舞者: Diana Liang (CN) - June 2025

音樂: For the Good Times - Perry Como

牆數: 4





Intro 20, Restart after 24 on W5

拍數: 32

S1: Side Together Forward Shuffle, 1/4R Back, 1/4R Side, Cross Shuffle

- 1-2 step Rf to R, step Lf next to Rf
- 3&4 step Rf forward, step Lf next to Rf, step Rf forward
- 5-6 turn 1/4 to R stepping Lf back, 3H step Rf next to Lf
- 7&8 cross Lf over Rf, step Rf to R, cross Lf over Rf

S2: Side Behind 1/4R Forward 6H,1/2r Pivot 12H, Forward 1/4L Back, 9H,1/4L side 6H

- 1-2 step Rf to R, cross Lf behind Rf with knees bent
- 3-4 turn 1/4 to R stepping Rf forward, 6H, step Lf forward
- 5-6 turn 1/2 to R stepping Rf in place, 12H, step Lf forward,
- 7-8 turn 1/4 to L stepping Rf back, 9H, turn 1/4 to L stepping Lf next to Rf, 6H

S3: Cross Side Collect Rf, Chasse R, Cross Side, 1/4 L Sailor

- 1-2& cross Rf over Lf, step Lf to L, collect Rf next to Lf without weight
- 3-4 step Rf to R, step Lf next to Rf, step Rf to R
- 5-6 cross Lf over Rf, step Rf to R
- 7&8 step Lf behind Rf, turn 1/4 to L stepping Rf next to Lf, 3H, step Lf forward

Restart here on W5

S4: Rock Recover, 1/2R 9H, Forward, forward 1/2R 3H, 1/2L Pivot

- 1-2 rock Rf forward, recover to Lf
- 3-4 turn 1/2 to R stepping Rf forward, 9H, step Lf forward
- 5-6 turn 1/2 to R stepping Rf in place, 3H, step Lf forward
- 7-8 step Rf forward, turn 1/2 to L stepping Lf in place, 9H

Thanks and happy dancing!

Contact: procankm@hotmail.com