

Lay a Little Sunshine

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Laura Gordon (USA) & Anthony Gordon (USA) - June 2025
音樂: Lay a Little Sunshine - BG5



1 Restart

[1-8] Modified Charleston, Sway-Sway, Quarter Turn Shuffle

1 2 Touch R toe forward (1), close R to L (2) 12.00
3&4 Touch L toe back (3), point L to left (&), flick L behind R (4) 12.00
5 6 Step L to left swaying weight left (5), sway weight right (6) 12.00
7&8 Turn ¼ left stepping L to left (7), close R to L (&), step L forward (8) 9.00

[9-16] Kick x3, Hitch, Step, Half Pivot, Hop Forward

1&2& Touch R heel forward (1), close R to L (&), touch L heel forward (2), close L to R (&) 9.00
3&4 Touch R heel forward (3), hitch R knee (&), step R forward (4) 9.00
5 6 Step L forward (5), turn ½ right taking weight on R (6) 3.00
&7 8 Quick step forward on L (&), close R to L (7), hold (8) 3.00

Styling: For counts &8, you can shimmy/shake your shoulders

[17-24] Skate x2, Shuffle, Cross, Quarter Turn, Crossing Shuffle

1 2 Skate L forward towards left diagonal (1), skate R forward towards right diagonal (2) 3.00
3&4 Step L forward towards left diagonal (3), close R to L (&), step L forward towards left diagonal (4)

****Restart occurs here during wall 3, start the dance facing 9:00** 3.00**

5 6 Cross R over L (5), turn ¼ right stepping L back (6) 6.00
&7&8 Step ball of R to center (&), cross L over R (7), step R to right (&), cross L over R (8) 6.00

[25-32] Side, Hold, Rock Recover w/ Quarter Turn, Half Pivot, Quarter Turning Paddle Turn x2

1 2 Step R to right (1), hold (2) 6.00
&3 4 Step ball of L to center (&), rock R to right (3), turn ¼ left recovering weight to L (4) 3.00
5 6 Step forward R (5), turn ½ left taking weight on L (6) 9.00
7&8& Step R forward (7), turn ¼ left taking weight on L (&), step R forward (8), turn ¼ left taking weight on L (&) 3.00

Styling: On counts 1&2, with your palms facing front or making fists in front of your chest, you can pump your arms forward (1), back towards your chest (&), and forward again (2)

End of dance, start again!

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