

One More Day

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Hotma Tiarma Purba (INA) & Ayu Permana (INA) - June 2025
音樂: One More Day with you - Gloria Rayburn



Intro: 32 counts - No Tag 1 Restarts

SECTION 1. WALK FORWARD WITH HOLD - MAMBO - HOLD (12.00)

1-2-3-4 Step R forward - Hold - Step L forward - Hold
5-6-7-8 Step rock R forward - Recover on L - Step R backward - Hold

SECTION 2. COASTER STEP 1/4 TURN - HOLD - PIVOT 1/2 TURN - HOLD (03.00)

1-2-3-4 Turn 1/4 left, stepping back on L (9.00) - Step R close to L - Step L forward - Hold
5-6-7-8 Step R forward - Turn 1/2, step on L (3.00) - Step R forward - Hold

**** Restart and change step here**

SECTION 3. K STEP (03.00)

1-2-3-4 Step L forward to left diagonal - Touch R toe beside L - Step R backward to right diagonal -
Touch L toe beside R
5-6-7-8 Step L backward to left diagonal - Touch R toe beside L - Step R forward to right diagonal -
Touch L toe beside L

SECTION 4. CHASSE - HOLD - JAZZBOX (03.00)

1-2-3-4 Step L to side - Step R close to L - Step L to side - Hold
5-6-7-8 Cross R over L - Step L back - Step R to side - Step L forward

REPEAT

RESTART & CHANGE STEP

On Wall 4 facing (12.00)

Dance up to 14 counts (Section 2, count 6), then change count 7-8 into "Touch R heel forward - Touch R toe beside L" instead of "Stepping R forward and Hold".

HAVE FUN AND HAPPY DANCING..

Contact:

- permanaat@yahoo.com
- hottiepurba@yahoo.com