Making Me Breathless

級數: High Improver

編舞者: Malene Jakobsen (DK) - May 2025

音樂: Making Me Breathless - Sture Zetterberg : (iTunes)

Intro: 16 counts from the beginning 13 sec. seconds into track, dance begins with weight on L

Restart: There is a restart on wall 2 after 16 counts, you will be facing 6.00

[1-9] Side, behind, 1/4, fwd., mambo with sweep, back sweep, back sweep, behind, 1/8, fwd. with sweep

- 1-2&3 (1) Step R to R, (2) cross L behind R, (&) turn 1/4 R stepping fwd. on R, (3) step fwd. on L 3.00
- 4&5 (4) Rock fwd. on R, (&) recover onto L, (5) step back on R sweeping L from front to back 3.00
 6-7 (6) Step back on L sweeping R from front to back, (7) step back on R sweeping L from front
- to back 3.00

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8&1 (8) Cross L behind R, (&) turn 1/8 stepping fwd. on R, (1) step fwd. on L sweeping R from back to front 4.30

[10-16] Cross, back, back with sweep, behind, 1/8, fwd. rock, ball, step 1/2 turn

- (2) Cross R over L, (&) step back on L, (3) step back on R sweeping L from front to back 4.30
 (4) Cross L behind R, (&) turn 1/8 R stepping R slightly R, 6.00
- 5-6& (5) Rock fwd. on L, (6) recover onto R, (&) step L next to R 6.00
- 7-8 (7) Step fwd. on R, (8) turn 1/2 L 12.00

NOTE The only restart is here, you will be facing 6.00

[17-24] R basic, sway, sway, L basic, sway sway

- 1-2& (1) Step R to R, (2) step L behind R, (&) cross R over L 12.00
- 3-4 (3) Step L to L and sway L, (4) step R to R and sway R 12.00
- 5-6& (5) Step L to L, (6) step R behind L, (&) cross L over R 12.00
- 7-8 (3) Step R to R and sway R, (4) step L to L and sway L 12.00

[25-32] Side, behind, side, touch, run 1/2 L with sweep, jazz box with cross

- 1-2&3 (1) Step R to R, (2) cross L behind R, (&) step R to R, (3) touch L next to R angling your body diagonally R 12.00
- 4&5 (4&5) Run L, R, L making 1/2 L sweeping R from back to front 6.00
- 6-7-8& (6) Cross R over L, (7) step back on L, (8) step R to R, (&) cross L over R 6.00





牆數:2