

Chill

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Low Intermediate
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音樂: Chill - Lisa



Intro: 16 counts

Restarts:

R1) Wall 4 after 16 counts (starts at 9:00 restart at 6:00)

R2) Wall 8 after 20 counts (starts at 3:00, restart at 12:00)

S1 Vine R, L Kick Ball Slide R, L Ball, R Cross, L Side

1 2 3 Step R to R side, step L behind R, step R to R side
4&5 6 Kick L forward, step L beside R, large step R to R side while dragging L towards R
&7 Step on the ball of L slightly behind R, cross R over L
8 Step L to L side (12:00)

S2 R Behind, ¼ L, R Forward, L Forward Mambo, R Close, L Back Touch

1 2 3 Step R behind L bending knees slightly, Turn ¼ L stepping L forward, step R forward (9:00)
4&5 6 Rock L forward, recover onto R, step L back, hold (optional body roll on count 6)
&7 8 Step R beside L, step back L, touch R beside L

*(Restart here during Wall 4)

S3 R Diagonal Back Touch, L Forward Touch, Ball ¼ L Cross, Hold, Ball Cross, ¼ R

1 2 Step R back (open body slightly R), touch L beside R
3 4 Step L forward (square body up), touch R beside L
**(Restart here during Wall 8. On the above 4 counts during Wall 8, add shoulders shimmy)
&5 6 Turn ¼ L stepping R to R, cross L over R bending knees slightly, hold (6:00)
&7 8 Small step on the ball of R to R, cross L over R, Turn ¼ R stepping R forward (9:00)

S4 L Fwd, R Tap, Hold, R Back Touch, L Back Touch, R Rock Back, R Pivot ½ L

&1 2 Step forward L, tap R behind L, hold
&3 Step back R, touch L beside R
&4 Step back L, touch R beside L
5 6 Rock R back, recover onto L
7 8 Step forward R, pivot ½ L putting weight onto L (3:00)

ENDING: At the end of Wall 10, you will be facing 6:00, take an extra ½ L by stepping R back and fold both arms across the chest, looking chilled!

Enjoy!

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