

Chi Pa

拍數: 32 牆數: 2 級數: Improver
編舞者: Bernadette Burnette (USA) - June 2025
音樂: Chicago Style - Carmichael Musiclover



I believe soul line dances are usually learned by watching people dance it and memorizing the steps and how they fit the music, making strong musical muscle memories. This dance, fortunately, also lends itself to being counted and written into a step sheet for other learning preferences. The counts are based on the rhythm of the music.

PART 1: 12 COUNTS

CROSS OUT RECOVER, REVERSE COASTER STEP, STEP IN PLACE

1&2 3&4 Step forward crossing left over right, step right side, step on left, cross right over left, step back on left, step in place on right
5 6 Step in place left, right

CROSS OUT LEFT HALF TURN, COASTER STEP, ROCK RECOVER

1&2 Make half left turn crossing left over right, step right side, step on left
3&4 5 6 Right coaster step, rock forward on left, recover on right

PART 2: 20 COUNTS

ROCK RECOVERS, QUARTER SIDE STEP LEFT TURN TO FACE 9:00

1 2 3 4 Rock forward on left, recover on right, repeat
5 6 Make quarter turn left doing side step on left, right together

HALF LEFT TURN CHAS, STEPPING IN PLACE, REVERSE COASTER STEP

1&2 Makes half left turn stepping left, right, left
3 4 Step in place right, left
5&6 Make half turn right stepping right, left, right
7 8 Step in place left, right
9&10 Makes half left turn stepping left, right, left
11 12 Step in place right, left
13&14 Make quarter turn right to face front stepping right, left, right

REPEAT ENTIRE DANCE STARTING ON BACK WALL

Submitted by: Bonnie Berns - Email: yaelchina@yahoo.com