

Transcendental Cha

COPPER KNOB
STEPPERS

拍數: 264 牆數: 2 級數: Phrased Advanced
編舞者: Dustin Valcalda (USA) & Sierra Gil (USA) - May 2025
音樂: Transcendental Cha Cha Cha - Tom Cardy



USLDCC 2024-2025 OVERALL CHAMPION! - We hope this dance makes you question your reality :)

3 Tags / 0 Restart

Intro: 32 Counts / ~14 Seconds / Weight starts left foot

Sequence: A, B, A, C, Tag 1, D (x4), Tag 2, A, A, Tag 3

Section A (32 Counts)

[1-8] Side, Together, Lock Step, Side, Together, Back Lock Step

- 1-2 Step RF to R side, Step LF next to RF (12:00)
- 3&4 Step RF forward, Lock LF behind RF, Step RF forward (12:00)
- 5-6 Step LF to L side, Step RF next to LF (12:00)
- 7&8 Step LF back, Lock RF over LF, Step LF back (12:00)

[9-16] Heel Hook, Mambo Step, Sliding Side Point, Hip Sways

- 1-2 Hook R heel in front of L leg, Step RF next to LF (12:00)
- 3&4 Step LF forward, Recover weight RF, Step LF next to RF (12:00)
- 5-6 Slide R toe to R side, Drag R toe to center (close RF next to LF) (12:00)
- 7&8 Center weight while swaying hips L, Sway hips to R, Sway hips to L (weight ends favoring LF) (12:00)

[17-24] Step, Hitch, Back ¼ Sumo Squat, Ball, Side Rock, Behind, Side, Cross

- 1-2 Step RF forward, Hitch L knee forward (styling: go up on R toes while pointing to sky) (12:00)
- 3-4 Step LF back, Turn ¼ L while doing Sumo Squat shifting weight from R to L (9:00)
- &5-6 Ball RF next to LF, Rock LF to L side, Recover weight RF (9:00)
- 7&8 Step LF behind RF, Step RF to R side, Cross LF over RF (9:00)

[25-32] ¼ Walk, ¼ Walk, ¼ Triple Step, Walk, Walk, Mambo Step

- 1-2 Step RF to R w/ ¼ turn R, Step LF forward w/ ¼ turn R (3:00)
- 3&4 Step RF forward w/ ⅛ turn R, Step LF next to RF, Step RF forward w/ ⅛ turn R (6:00)
- 5-6 Step LF forward, Step RF forward (6:00)
- 7&8 Step LF forward, Recover weight RF, Step LF next to RF (weight ends evenly) (6:00)

Note: Weight ends evenly after mambo due to sections A, B, and C starting on different feet

Section B (112 Counts)

[1-8] ½ Pivot Turn, ¼ Triple Step, ¼ Sailor Step, ½ Look Back, ½ Flick

- 1-2 Step RF in front of LF, Pivot ½ L (weight favoring LF) (12:00)
- 3&4 Step RF forward w/ ⅛ turn L, Step LF next to RF, Step RF to R side w/ ⅛ turn L (9:00)
- 5&6 Step LF Back, Step RF next to LF, Step LF to L w/ ¼ L (6:00)
- 7-8 Shift weight to RF w/ ½ turn R looking towards 12:00, Turn back to 6:00 while hopping onto LF while flicking RF (6:00)

[9-16] Walk, Walk, Step, Lock, Step, Cross, ¼ Side, ¼ Triple Step

- 1-2 Step RF forward, Step LF forward (6:00)
- 3&4 Step RF forward, Lock LF behind RF, Step RF forward (6:00)
- 5-6 Cross LF over RF, Step RF to R side w/ ¼ turn L (3:00)
- 7&8 Step LF to L side w/ ¼ turn L, Step RF next to LF, Step LF forward (12:00)

[17-24] Full Turn Samba Weave

- 1&2 Step RF forward, turn ¼ R stepping back on LF, Step back on RF (3:00)

- 3&4 Step back on LF, turn ¼ R stepping RF to R side, Step LF forward (6:00)
- 5&6 Step R forward, turn ¼ R stepping back on LF, Step back on RF (9:00)
- 7&8 Step back on LF, turn ⅛ R stepping RF to R side, Step LF forward (10:30)

[25-32] R Botafogo, L Botafogo, R Volta Full Turn

- 1&2 Turn ⅛ R while crossing RF over LF, Rock LF to L side, Recover weight onto RF (12:00)
- 3&4 Cross LF over RF, Rock RF to R side, Recover weight onto LF (12:00)
- 5&6& ¼ turn R step RF forward, Lock/step LF behind, ¼ turn R step RF forward, Lock/step LF behind (6:00)
- 7&8 ¼ turn R step RF forward, Lock/step LF behind, ¼ turn R step RF forward (12:00)

[33-40] Hop Forward, Shake, Hop Back, Shake, Touch Forward, Touch Back, Triple Step

- &1-2 Hop Forward w/ both feet (&), Shake Hips for 1-2 (12:00)
- &3-4 Hop Backward w/ both feet (&), Shake Hips for 3-4 (12:00)
- 5-6 Touch RF forward, Touch RF back (12:00)
- 7&8 Step RF forward, Step LF next to RF, Step RF forward (12:00)

[41-48] Touch Forward, Touch Back, Triple Step, Shimmy to Right, Roll Hips

- 1-2 Touch LF forward, Touch LF Back (12:00)
- 3&4 Step LF forward, Step RF next to LF, Step LF forward (12:00)
- 5-6 Step RF to R side while shimmying, Continue shimmying while closing LF next to RF (12:00)
- 7-8 Roll Hips in full circular motion from L to R (weight ends favoring LF) (12:00)

[49-56] Press Return, Ball, Press Return, Ball, Cross, Full Unwind, "Tear Away Pants!"

- 1-2& Press RF forward, Recover Weight LF, Ball RF next to LF (12:00)
- 3-4& Press LF forward, Recover Weight RF, Ball LF next to RF (12:00)
- 5-6-7 Cross RF over LF, Unwind 360° turning L (6-7) (12:00)
- 8 Bend forward and perform a "tear-away-pants" motion with your arms like you're ripping your pants off! (12:00)

[57-64] Rock Step, Pony Back, Two Step Full Turn, Coaster Step

- 1-2 Rock RF forward, Recover weight LF (12:00)
- 3&4 Step RF back hitching L knee, step LF next to RF, step RF back hitching L knee (12:00)
- 5-6 Step LF back w/ ½ turn L, Step RF forward w/ ½ turn L (12:00)
- 7&8 Step LF back, Step RF next to LF, Step LF forward (12:00)

[65-72] Step, Lock, Step, Sweep, Step, Lock, Step, Sweep

- 1-2 Step RF forward, Lock LF behind RF (12:00)
- 3-4 Step RF forward, Sweep LF around RF (weight favoring RF after sweep) (12:00)
- 5-6 Step LF forward, Lock RF behind LF (12:00)
- 7-8 Step LF forward, Sweep RF around LF (weight favoring LF after sweep) (12:00)

[73-80] Cross, Back, Side, Lunge, 3 Claps

- 1-2 Cross RF over LF, Hold (Arm Movement: cover your eyes with your hands) (12:00)
- 3-4 Step LF diagonally back, Hold (Arm Movement: uncover your eyes and spread your arms out wide) (12:00)
- 5-6 Step RF to R Side, Bend R knee leaning/lunging to R side (Arm Movement: Cross your arms across your chest) (12:00)
- 7&8 Clap 3 times (12:00)

[81-88] Cross Rock, Chassé, Cross Rock, ⅛ Chassé

- 1-2 Cross Rock LF over RF, Recover weight RF (12:00)
- 3&4 Step LF to L side, Step RF next to LF, Step LF to L side (12:00)
- 5-6 Cross Rock RF over LF, Recover weight LF (12:00)
- 7&8 Step RF to R side, Step LF next to RF, Step RF to R side w/ ⅛ turn R (1:30)

[89-96] ¼ Pivot Turn, ½ Pivot Turn, Step, Step, Lock, Step, Lock, Step

- 1-2 Step LF in front of RF, Pivot ¼ R (weight ends favoring RF) (4:30)
- 3-4 Step LF in front of RF, Pivot ½ R (weight ends favoring RF) (10:30)
- 5-6& Step LF forward, Step RF forward, Lock LF behind RF (10:30)
- 7&8 Step RF forward, Lock LF behind RF, Step RF forward (10:30)

[97-104] ⅛ Cross Rock, ½ Triple Step, ½ Pivot Turn, Two Step Full Turn

- 1-2 Cross Rock LF over RF w/ ⅛ turn R, Recover weight RF (12:00)
- 3&4 Step LF back w/ ¼ turn L, Step RF next to LF, Step LF to L w/ ¼ turn L (6:00)
- 5-6 Step RF in front of LF, Pivot ½ L (weight ends favoring LF) (12:00)
- 7-8 Step RF forward w/ ½ turn L, Step LF back w/ ½ turn L (12:00)

[105-112] Cross, Hold, Cross, Hold, Jazz Box w/ Cross

- 1-2 Cross/Step RF in front of LF, Hold (12:00)
- 3-4 Cross/Step LF in front of RF, Hold (12:00)
- 5-6 Cross RF over LF, Step LF diagonally Back L (12:00)
- 7-8 Step RF to R side, Cross LF over RF (12:00)

Dance continues with A

Section C (112 Counts)**[1-8] Slide Left, Weave, Slide Right, Weave**

- 1-2 Big Step LF to L side, Drag RF towards LF (6:00)
- 3&4& Cross RF over LF, Step LF to L side, Step RF behind LF, Step LF to L side (6:00)
- 5-6 Big Step RF to R side, Drag LF towards RF (6:00)
- 7&8& Cross LF over RF, Step RF to R side, Step LF behind RF, Step RF to R side (6:00)

[9-16] Cross Rock, ¼ Side Rock, Coaster Step, Strut Hip Bumps

- 1-2 Cross Rock LF over RF, Recover weight RF (6:00)
- 3-4 Rock LF to L side w/ ¼ turn L, Recover weight RF (3:00)
- 5&6 Step LF back, Step RF next to LF, Step LF forward (3:00)
- 7&8 Touch R toe forward w/ ¼ turn L while bumping hips to R, Bump hips to L, Step weight onto RF while bumping hips to R (12:00)

[17-24] Sailor Step, Behind, Side, Cross, Two Step ¾ Turn, Coaster Step

- 1&2 Step LF behind RF, Step RF to R side, Step LF to L (12:00)
- 3&4 Step RF behind LF, Step LF to L side, Cross RF over LF (12:00)
- 5-6 Step LF to L side w/ ¼ turn L, Step RF forward w/ ½ turn L (3:00)
- 7&8 Step LF back, Step RF next to LF, Step LF forward (3:00)

[25-32] Traveling Out Out In In (x2), Step, Lock, Step, Lock, Step

- &1&2 Step RF diagonal forward R, Step LF diagonal forward L, Step RF to center, Step LF to center (3:00)
- &3&4 Step RF diagonal forward R, Step LF diagonal forward L, Step RF to center, Step LF to center (3:00)
- 5-6 Step RF diagonally R w/ ⅛ turn R, Lock LF behind RF (4:30)
- 7&8 Step RF to R w/ ⅛ turn R, Lock LF behind RF, Step RF forward (6:00)

[33-40] ½ Pivot Turn, Step, Lock, Ball, Sweep, Cross, Side, Behind, Side, ½ Pencil Turn

- 1-2 Step LF in front of RF, Pivot ½ R (weight ends favoring RF) (12:00)
- 3&4 Step LF forward, Lock RF behind LF, Ball LF forward while sweeping RF around LF (12:00)
- 5-6 Cross RF over LF, Step LF to L side (9:00)
- 7&8 Step RF behind LF, Step LF to L side w/ ¼ turn L, Pencil turn ½ while hitching R knee (3:00)

[41-48] Walk, Walk, Step, Lock, Step, Cross, Back, Slide, Knee Pops

- 1-2 Step RF forward, Step LF forward (3:00)
- 3&4 Step RF forward, Lock LF behind RF, Step RF forward (3:00)

- 5-6 Cross LF over RF, Step RF to R side w/ ¼ turn L (12:00)
 7-8& Step LF to L side while dragging RF towards LF, Pop R knee, Shift weight to RF and pop L knee (12:00)

Styling Note – Replace Knee Pops (8&) with a Compact Chassé

[49-56] Side Triple R, ¼ Side Triple L, ¼ Side Triple R, ¼ Side Triple L

- 1&2 Step RF to R side, Step LF next to RF, Step RF to R side (12:00)
 3&4 Turn ¼ L while stepping LF to L side, Step RF next to LF, Step LF to L side (9:00)
 5&6 Turn ¼ L while stepping RF to R side, Step LF next to RF, Step RF to R side (6:00)
 7&8 Turn ¼ L while stepping LF to L side, Step RF next to LF, Step LF to L side (3:00)

[57-64] Cross, Side, Sailor Step, Cross, Side, ¼ Sailor Step

- 1-2 Cross RF over LF, step LF to L side (3:00)
 3&4 Step RF behind LF, Step LF to L side, Step RF diagonally R (3:00)
 5-6 Cross LF over RF, Step RF to R side (3:00)
 7&8 Step LF behind RF, Step RF to R side w/ ¼ turn L, Step LF forward (12:00)

[65-72] Step, Kick, Back, Touch, Vaudeville, Ball, Cross, Step w/ Baseball Swing

- 1-2 Step RF forward, Kick LF forward (12:00)
 3-4 Step LF back, touch R toe slightly back (12:00)
 5&6 Cross RF over LF, step LF to L side, touch R heel diagonally R (12:00)
 8-7-8 Ball RF next to LF, Cross LF over RF, Step RF to R side while pivoting ¼ L (Arm Movement: add baseball bat swing motion with arms) (weight ends favoring RF) (3:00)

[73-80] Triple Step Back, Triple Step Back, Back Rock Step, Two Step ¾ Turn

- 1&2 Step LF back, Step RF next to LF, Step LF back (9:00)
 3&4 Step RF back, Step LF next to R foot, Step RF back (9:00)
 5-6 Rock LF back w/ turn prep, Recover weight RF (9:00)
 7-8 Step LF forward w/ ½ turn R, Step RF back w/ ¼ Turn R (6:00)

[81-88] Ball, Side Rock, Behind, Side, Cross, Side Rock, Behind, ¼ Side, Step

- &1-2 Ball LF next to RF, Rock RF to R side, Recover weight to LF (6:00)
 3&4 Step RF behind LF, Step LF to L side, Cross RF over LF (6:00)
 5-6 Rock LF to L side, Recover weight to RF (6:00)
 7&8 Step LF behind RF, Step RF to R side w/ ¼ turn R, Step LF forward (9:00)

[89-96] Hip Push, Run Back, Two Step ¾ Turn, Hip Bumps

- 1-2 Step RF forward while pushing hips forward, Push hips back while recovering weight to LF (9:00)
 3&4 Step RF back, Step LF back, Step RF back (9:00)
 5-6 Step LF back w/ ½ Turn L, Step RF forward w/ ¼ turn L (12:00)
 7&8 Bump hips to L, Bump hips to R, Bump hips to L (12:00)

[97-104] Cross Point, Side Point, Coaster Step, Cross Point, Side Point, Coaster Step

- 1-2 Point RF diagonally in front of LF, Point RF to R side (12:00)
 3&4 Step RF back, Step LF next to RF, Step RF forward (12:00)
 5-6 Point LF diagonally in front of RF, Point LF to L side (12:00)
 7&8 Step LF back, Step RF next to LF, Step LF forward (12:00)

[105-112] Rock Step, ½ Back Triple Step, ½ Pivot Turn, Boogie Walk

- 1-2 Rock RF forward, Recover weight to LF (12:00)
 3&4 Step RF back w/ ¼ turn R, Step LF next to RF, Step RF to R w/ ¼ turn R (6:00)
 5-6 Step LF in front of RF, Pivot ½ R (weight end favoring RF) (12:00)
 7&8 Step LF forward pushing hips/knees to L, Step RF forward pushing hips/knees to R, Step LF forward pushing hips/knees to L (12:00)

Dance Continues with Tag 1

Tag 1 – This tag moves you into a conga line, anywhere you can find space on the floor with others. There are only 8 counts to position so find someone to join quickly!

1-8 Walk R, Walk L, Walk R, Walk L, Walk R, Walk L, Walk R, Walk L

Dance Transitions into section D, the CONGA LINE

Section D – CONGA LINE (8 Counts) – This section occurs after Tag 1, and repeats 4 times (totaling 32 counts)

[1-8] Side Mambo R, Walk, Walk, Side Mambo L, Walk, Walk

1&2 Step RF to R side, Recover weight to LF, Step RF forward

3-4 Step LF forward, Step RF forward

5&6 Step LF to L side, Recover weight to RF, Step LF forward

7-8 Step RF forward, Step LF forward

TAG 2 (8 Counts) – This tag ends the CONGA LINE. Use these 8 counts to reposition yourself back in line facing 12:00, preparing to continue the dance with A

End of Dance (5 Counts)

[1-5] Toe, Heel, Cross, Toe, Heel, Cross, Out, Out

1&2 Touch R toe inwards toward LF, Touch R heel inwards towards LF, Cross RF over LF (12:00)

3&4 Touch L toe inwards towards RF, Touch R heel inwards towards RF, Cross LF over RF (12:00)

&5 Step RF to R side, Step LF to LF side (12:00)

End dance with whatever style of pose you prefer!

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