

You Spoke and I Fell

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Rob Fowler (ES) - May 2025
音樂: You Spoke I Fell - Toby Reacher



(1 Restart in Wall 4 & 1 Tag with Restart in Wall 7)

Intro: 8 counts (approx. 7s)

Music available on: danztunz.com and all major music platforms

S1: Side R, Rock Back, Recover, Side L, Touch R, Step R ¼ R, Chase ½ Turn R, Side Rock, Recover

1,2& Step R to R side (1), rock back on L (2), recover on R (&)

3,4 Step L to L side (3), touch R next to L (4)

RESTART: During WALL 4 please RESTART here facing 6:00

5 Make ¼ turn R stepping forward on R (5) [3:00]

6&7 Step forward on L (6), make ½ turn R (weight fwd on R) (&), step forward on L (7) [9:00]

8& Rock R out to R side (8), recover weight on L (&)

S2: Cross Rock, Recover With Sweep, R Behind-Side-Cross, Sway L, R, Step L ½ L, Cross R, Side L

1,2 Cross rock R over L (1), recover weight on L sweeping R around from front to back (2)

3&4 Step R behind L (3), step L to L side (&), cross step R over L (4)

5,6 Small step L to L side swaying hips L (5), sway hips R (6)

7 Step on to L and sweep R around making ½ turn L (7) [3:00]

8& Cross step R over L (8), step L to L side (&)

TAG & RESTART: During WALL 7 dance S1 & S2 then please add the following 2-count tag here, to make ¼ turn L and restart the dance facing 6:00:

Walk forward R making 1/8 turn L (1), walk forward L making 1/8 turn L (2)

S3: Cross Rock, Recover, Step R, Cross L, Side R, Behind L, Step R 1/8 R, Walk L, R, L Mambo ½ L

1,2 Cross rock R over L (1), recover weight on L (2)

&3&4 Step R next to L (&), cross step L over R (3), step R to R side (&), step L behind R (4)

&5,6 Make 1/8 turn R stepping R slightly forward (&), walk forward L (5), walk forward R (6) [4:30]

7&8 Staying on diagonal rock forward on L (7), recover weight on R (&), make ½ turn L stepping forward on L (8) [10:30]

S4: Shuffle ½ Turn L (Travelling Back R,L,R), L Coaster, Rock Fwd, Recover, 1 1/8 Turn Chasse R, Side R

1&2 Make ¼ turn L stepping R to R side (1), step L next to R (&), make ¼ turn L stepping back on R (2) [4:30]

3&4 Step back on L (3), step R next to L (&), step forward on L (4)

5,6 Rock forward on R (5), recover weight on L (6)

7& Make 3/8 turn R stepping forward on R (7), make ½ turn R stepping back on L (&) [3:00]

8& Make ¼ turn R stepping R to R side (8), step L next to R (&) [6:00]

(Less-turning option for counts 7&8 above: Make 1/8 turn R stepping R to R side (7), step L next to R (&), step R to R side (8))

Start Over