

Chan Fu Remix 25 (換扶)

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: High Beginner
編舞者: LUHA (INA) - June 2025
音樂: #換扶 #Chanfu #马健涛 Ma jian tao Remix by DJ Licky Liu feat. MTJUNG STARS



No Tag - No Restart

Intro: 64 Counts

Sec 1. FWD POINT (R L R L)

1-2 Step fwd on R, point L to left side
3-4 Step fwd on L, point R to right side
5-6 Step fwd on R, point L to left side
7-8 Step fwd on L, point R to right side

Sec 2. BACKWARD RLR CLOSE, SWAY RLRL

1-2 Step back on R, step back on L
3-4 Step back on R, step L beside R
5-6 Step R to right side with sway hips to right, Sway hips to left
7-8 Sway hips to right, sway hips to left

Sec 3. STEP SIDE, CROSS, SIDE, KICK (R L)

1-2 Step R to right side, Cross L over R
3-4 Step R to right side, kick L to left diagonal
5-6 Step L to left side, cross R over L
7-8 Step L to left side, kick R to right diagonal

Option sec 3 : SIDE, TOGETHER, SIDE, TOUCH (R L)

1-2 Step R to right side, step L beside R
3-4 Step R to right side, touch L beside R
5-6 Step L to left side, step R beside L
7-8 Step L to left side, touch R beside L

Sec 4 RUMBA BOX BACKWARD W/SCUFF

1-2 Step R to right side, step L beside R
3-4 Step back on R, touch L beside R
5-6 Step L to left side, step R beside L
7-8 Step fwd on L, scuff R heel

Sec 5. TOE STRUT RL, MONTEREY 1/4 TURN

1-2 Touch R toe fwd, drop heel R in place
3-4 Touch L toe fwd, drop heel L in place
5-6 Point R to right side, 1/4 turn right close R to L (03.00)
7-8 Point L to left side, step L beside R

Sec 6. TOUCH FWD, STEP BESIDE, JAZZBOX 1/4 TURN

1-2 Touch R toe fwd, step R beside L
3-4 Touch L toe fwd, step L beside R
5-6 Cross R over L, 1/4 turn right back on L (06.00)
7-8 Step R to right side, step L forward

Sec 7. K STEP

1-2 Step fwd on R to right diagonal, touch L beside R

3-4	Step back on L to centre, touch R beside L
5-6	Step back in R to right back diagonal, touch L beside R
7-8	step fwd on L to centre, touch R beside L

Sec 8. V STEP, BALL OUT OUT, HOLD, HIP BUMP RL

1-2	Step fwd on R to right diagonal, setep fwd on L to left diagonal
3-4	Step back on R to centre, step L beside R
&5-6	Step R to right side, step L to left side, hold
7-8	Bump hip to right, bump hip to left
