24K Palomino

拍數: 32

級數: Beginner

編舞者: Martha Prazenica (USA) - June 2025

音樂: Cowgirl - Parmalee

Heel Twist to R X 2, Heel Hitch, Heel Touch, Step R beside L

- 1-4 (Weight is equal) Swivel both heels to R, Bring both heels back home, Swivel both heels to R, Bring both heels back home
- 5-8 (Weight is on the L) Tap R heel forward, Hitch R heel in front of L shin, Tap R heel forward, Bring R foot back home

Heel Twist to L X 2, Heel Hitch, Heel Touch, Step L beside R

- 1-4 (Weight is equal) Swivel both heels to L, Bring both heels back home, Swivel both heels to L, Bring both heels back home
- 5-8 (Weight is on the R) Tap L heel forward, Hitch L heel in front of R shin, Tap L heel forward, Step L foot back home (transfer weight to L foot)

Diagonal Steps with Claps

- 1-4 Step R foot to 1:00, touch L foot to R foot and clap twice (claps on counts &2), Step L foot to 7:00, touch R foot to L foot and clap once (clap on count 4)
- 5-8 Step R foot to 1:00, touch L foot to R foot and clap twice (claps on counts &6), Step L foot to 11:00, touch R foot to L foot and clap once (clap on count 8)

1/4 Monterey Turn to the Right, Jazz Box

1-4 Point right to right side, Turn 1/4 right stepping right beside left, Point left to left side. Step left beside right

5-8 Cross right over left, step back on left, Step right to right side, step left slightly forward

Last Update: 21 Jun 2025





牆數

牆數:4