

拍數: 32      牆數: 2      級數: Improver  
編舞者: Cailyn Leo (USA) - June 2025  
音樂: Suit and Tie (Sixteen Tons) - Cooper Alan



Dance begins after 8 counts

Restart: After tag on wall two, restart will be facing 12:00 wall

**Tag: After 16 counts of wall two facing 9:00 wall and end of the song**

- 1-2      Cross RF over LF, unwind over left shoulder ½ turn
- 3-4      Cross RF over LF, unwind over left shoulder ¼ turn

**[1-8] Right diagonal lock step, left diagonal lock step, rocking chair, chug ½ turn**

- &1&2      Brush RF and step on diagonal, lock behind with LF, step RF on diagonal
- &3&4      Brush LF and step on diagonal, lock behind with RF, step LF on diagonal
- &5&6&      Brush RF and rock forward, recover LF, rock back RF, recover LF
- 7&      Make ¼ turn left as you step with RF and recover weight on LF
- 8&      Make ¼ turn left as you step with RF and recover weight on LF

**\*\*Styling option with chugs: sway arms and/or hips**

**[9-16] Cross, point, sailor quarter turn, K-step**

- 1-2      Cross RF over LF, point LF out
- 3&4      Cross LF behind RF, recover weight with RF as you turn ¼ to the left, step out with LF
- 5&6&      Step diagonal forward on RF, touch LF next to RF, step diagonal back on LF, touch RF next to LF
- 7&8&      Step diagonal back on RF, touch LF next to RF, step diagonal forward on LF, touch RF next to LF

**\*\*First tag facing 9:00 wall into restart facing back to 12:00 wall**

**[17-24] Walk forward x2, step touch slide, sailor, sailor quarter turn**

- 1-2      Walk forward with RF, walk forward with LF
- 3&4      Point RF to side, touch RF back to LF, big step RF to right dragging LF
- 5&6      Cross LF behind RF, recover RF, step out with LF
- 7&8      Cross RF behind LF, recover weight on LF as you turn ¼ to the right, step out with RF

**\*\*Styling option with slide: push arms out to respective sides from middle of body**

**[25-32] Scissor step x2, forward mambo, pop knee x2**

- 1&2      Rock to the left with LF, recover with RF, cross LF over RF
- 3&4      Rock to the right with RF, recover LF, cross RF over LF
- 5&6      Rock forward with LF, recover RF, step back LF
- &7-8      Ball change, pop left knee, pop right knee

**\*\*Second tag: end of song facing 6:00 wall**

Last Update: 6 Jun 2025