

Hands That Heal

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Trish Arena (AUS) - June 2025
音樂: Healing Hands - Elton John



START POSITION: Weight on Left

INTRO: Dance begins on vocals

Walk, Walk, Side-Rock-Cross, ¼ R, ¼ R, Shuffle forward

1, 2 Walk forward R, L
&3, 4 Step R to side (&), Rock/recover weight L (3), Step R across L (4)
5, 6 Turn ¼ right & step L back, Turn ¼ right & step R to side
7&8 Shuffle forward L-R-L 6:00

Forward, Rock, Tog-Back-Rock, Pivot ¼ R, Cross Shuffle

1, 2 Step R forward, Rock/recover weight L
&3, 4 Step R together (&), Step L back (3), Rock/recover weight R (4)
5, 6 Step L forward, Pivot ¼ right taking weight R
7&8 Cross shuffle L-R-L 9:00

Side-Heel, Hold, Ball-Cross, Back, Reverse Rocking Chair

&1, 2 Step R to side (&), Touch L Heel 45deg to left diagonal (1), Hold (2)
&3, 4 Step L together (&), Cross/Step R over L (3), Step L back (4)
5, 6 Step R back, Rock/recover weight L
7,8 Step R forward, Rock/recover weight L 9:00

Back, Heel, Back, Heel, Back, Rock, Pivot ¼ L

1, 2 Step R back with a dip, Touch L heel forward
3, 4 Step L back with a dip, Touch R heel forward
5, 6 Step R back, Rock/recover weight L
7, 8 Step R forward, Pivot ¼ left taking weight L 6:00

Cross, Point, Ball-Cross, Side, Back, Rock, Side Shuffle

1, 2 Cross R over L, Point L to side
&3, 4 Step L beside R (&), Cross R over L (3), Step L to side (4)
5, 6 Step R back, Rock/recover weight L
7&8 Shuffle R-L-R to right side 6:00

Back, Rock, Shuffle ¼ R, Back, Rock, Walk, Walk

1, 2 Step L back, Rock/recover weight R
3&4 Turning ¼ right shuffle L-R-L backwards
5, 6 Step R back, Rock/recover weight L,
7, 8 Walk forward R, L 9:00

Fwd-Touch, Hold, Back-Touch, Hold, Back, Rock, Kick-Ball-Step

&1, 2 Step R forward to right diagonal (&), Touch L beside R (1), Hold (2)
&3, 4 Step L back to left diagonal (&), Touch R beside L (3), Hold (4)
5, 6 ** Step R back, Rock/recover weight L **Modified Ending (as below)
7&8 Kick R forward, Step R beside L, Step L slightly forward 9:00

Pivot 1/8 X 2, Jazz Box

1, 2 Step R forward, Turn 45deg left taking weight L
3, 4 Step R forward, Turn 45deg right taking weight L

5, 6 Cross R over L, Step L back
7, 8 Step R to side, Step L forward 6:00

****Ending: Dance to count 54 on Wall 7, then Kick R forward, Turn $\frac{1}{4}$ right and step down on R, Point L to side (Kick-Ball-Point $\frac{1}{4}$ right).**

Last Update - 8 Jun. 2025 - R1
