

Do it ! Now (馬上去)

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Phrased Intermediate
編舞者: Heru Tian (INA) - June 2025
音樂: 馬上去 - Energy



PART A (32C)
PART B (16C)
SOD : AABB AAAB BAAA(20)

PART A

Section A1 : Rock Fwd/Body Roll, Coaster, Side Rock/ Hip Sway , 1/4L Sailor

12 Rock RF Fwd with Body Roll (1), Recover on LF (2)
3&4 Step RF Back (3), Step LF Next to RF (&), Step RF Fwd (4)
56 Rock LF to L Side, Sway Hip to Left (5), Recover on RF, Sway Hip to Right (6)
7&8 1/4L, Step LF Back (7), Step RF Beside LF (&), Step LF Fwd (8) (9.00)

Section A2 : Ball, Rock Fwd, Pony Step, Pony Step, 1/4L Side/ Deep Down, Point

&12 Ball RF beside LF (&), Rock LF Fwd (1), Recover on RF (2)
3&4 Step LF Back, Hitch RF (3), Ball RF beside LF (&), Step LF Back, Hitch RF (4)
5&6 Step RF Back, Hitch LF (5), Ball LF beside RF (&), Step RF Back, Hitch LF (6)
78 1/4L, Step LF to L Side, Bent both of knees (7), Point RF to R Side (8) (6.00)

Section A3 : 1/4R Fwd, 1/2R Back, 1/4R Rondr Turn, Side, Cross Samba, Cross, Side

1234 1/4R Step RF Fwd (1), 1/2R, Step LF Back (2), Ronde RF, make a 1/4R (3), Drop RF to R Side (4)
5&6 Cross LF over RF (5), Ball RF to R Side (&), Step LF in place (6)
78 Cross RF over LF (7), Step LF to L Side (8)

Section A4 : Back, Heel Swivels, Back, Heel Swivels, 1/4R Monterey Turn, 1/4L Monterey Turn

1&2 Step RF Back (1), Swivel LF Heel to Left (&), Return LF Heel (2)
3&4 Step LF Back (3), Swivel RF Heel to Right (&), Return RF Heel (4)
5678 Point RF to R Side (5), 1/4R, Step RF beside LF (6) (3.00), Point LF to L Side (7), 1/4L, Step LF beside RF (8) (6.00)

PART B (16C)

Section B1 : Fwd, Together, Back, Together, Side Touch Switches

1234 Step RF Fwd (1), Step LF beside RF (2), Step RF Back (3), Step LF beside RF (4)
5678 Touch RF to R Side (5), Close RF beside LF (6), Touch LF to L Side (7), Close LF beside RF (8)

Section B2 : 1/4L Paddle Turn X4

1-8 Step RF Fwd (1), Hip roll make a 1/4L, Shifting weight to LF (2), Repeat 1&2 3 times (3-8)

Enjoy the dance! Now
Best Regards,
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