

Pontoon

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner 2S
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音樂: Pontoon - Little Big Town



#16 CT INTRO

wt on left - WALK FWD 4 - WALK BACK 2 - COASTER STEP

1-4 WALK FWD R,L,R TOUCH L BESIDE R
5-6 7&8 WALK BACK L,R - STEP L BACK - STEP R BESIDE L - STEP L FWD

wt on left - WALK FWD 4 WALK BACK 2 - COASTER STEP

09-12 REPEAT 1-4
13-14 15&16 REPEAT 5-6 7&8

wt on left - HIP BUMPS - (MOVING ARMS IN SWIMMING MOTIONS)

17-18 BUMP HIPS 2X R - (MOVING R ARM OVER HEAD & DOWN - SWIMMING MOTION)
19-20 BUMP HIPS 2X L - (MOVING L ARM OVER HEAD & DOWN - SWIMMING MOTION)
21-24 BUMPS HIPS RLRL - (MOVING R & L ARM OUTWARD SWIMMING MOTION)

wt on left - SHUFFLE R SIDE - ROCK - REC

25&26 STEP R TO R SIDE - STEP L BESIDE R - STEP R TO R SIDE
27-28 ROCK BACK ON L - REC ON R

wt on right - SHUFFLE L SIDE - (TURNING 1/4 R) - ROCK REC

29&30 STEP L TO L SIDE - (START 1/4 R TURN) - STEP R BESIDE L - STEP L TO L SIDE -
 (FINSH 1/4 R TURN)
31-32 ROCK BACK ON R - REC ON L

***SUGGESTION - STEPS 17-24 FREE STYLE SWIMMING WITH ARMS

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