

Walk It Out

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Woojin Jeong (KOR) - June 2025
音樂: Walk It Out (remix) Jim Jones & Dj Unk - Lydell Lucky



No tags

2 restarts:

Restart after 16 counts on the 3rd wall (facing 6:00)

Restart after 16 counts on the 6th wall (facing 12:00)

Section 1: Vine Step

[1-4]: Vine to the right

- 1 Step right to right side
- 2 Step left behind right
- 3 Step right to right side
- 4 Touch left beside right

[5-8]: Vine to the left

- 5 Step left to left side
- 6 Step right behind left
- 7 Step left to left side
- 8 Touch right beside left

Section 2: Diagonal Forward Side Step Touch

[1-4]: Side Step Touch (moving diagonally forward)

- 1 Step right to right diagonal (forward)
- & Touch left beside right
- 2 Step left to left diagonal (forward)
- & Touch right beside left
- 3 Step right to right diagonal (forward)
- & Touch left beside right
- 4 Step right to right diagonal (forward)
- & Touch left beside right

[5-8]: Side Step Touch (moving diagonally forward)

- 5 Step left to left diagonal (forward)
- & Touch right beside left
- 6 Step right to right diagonal (forward)
- & Touch left beside right
- 7 Step left to left diagonal (forward)
- & Touch right beside left
- 8 Step left to left diagonal (forward) (no touch on count 8)

(Counts 1-8: Each side step travels slightly forward on the diagonal)

Section 3: Jazz Box 1/4 Turn & Forward Swivels

[1-4]: Jazz box with 1/4 turn right

- 1 Cross right over left
- 2 Step left back
- 3 Turn 1/4 right, step right to right side (facing 3:00)
- 4 Step left forward (toward 3:00)

[5-8]: Forward Swivels

- 5 Swivel on right foot
- 6 Swivel on left foot
- 7 Swivel on right foot, & on left foot

8 Swivel on right foot
(Counts 5-8: Travel slightly forward with each swivel)

Section 4: Hold, Weight Shift, Stomp, Slap & Jump

[1-4]: Hold & weight shift, stomp

1 Hold
& Shift weight to the right
2 Stomp left foot
3 Hold
& Shift weight to the left
4 Stomp right foot

[5-8]: Slap & Jump

5 Lift left knee and slap with right hand
& Lower left foot
6 Lift right knee and slap with left hand
& Lower right foot
7 Jump and cross right foot in front of left, left foot behind
& Jump in place and open legs to the sides
8 Jump and bring feet together
