

Lasso

COPPER **KNOB**
STEPMATS

拍數: 32 牆數: 4 級數: Improver
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音樂: Lasso - Jake Banfield



I. DIAGONAL TOUCH FWD , CHASSE , SAILOR 1/4 TURN LEFT , ROCK FWD , HITCH

1&2& Step R diagonal fwd , Touch L beside R , Step L diagonal fwd , Touch R beside L
3&4 Step R side , Close L to R , Step R side
5&6 1/4 turn left step L Sweep from front to back , Step R to L , Step L fwd (9.00)
7-8 Rock R fwd , Hitch on R

II. STEP BACK WITH HITCH , ANCHOR STEP , SAILOR 1/4 TURN LEFT , 3/4 TURN LEFT

1-2 Step R down and step L Hitch , Step L down and step R Hitch
3&4 Step R behind L , Step L in place , Step R in place
5&6 1/4 turn left step L Sweep front to back , Step R to L , Step L fwd (6.00)
7-8 1/4 turn left with big step R to side (3.00), 1/2 turn left step L to side (9.00)

III. CROSS , SIDE , SAILOR STEP WITH POINT , BALL CROSS , 3/4 TURN LEFT

1-2 Cross R over L , Step L side
3&4 Cross R behind L , Step L side , Touch R point
&5-6 ball cross on R , Cross L over R , 1/4 turn left step R back
7&8 1/2 turn left step L fwd , Step R to L , Step L fwd (12.00)

IV. HEEL JACK , CROSS UNWIND , 3/4 TURN LEFT WITH SLOW TURNING/ STEP BOUNCE

1&2& Cross R over L , Step L side , Step R heel diagonal fwd , ball cross on R
3&4& Cross L over R , Step R side , Step L heel diagonal fwd , ball cross on L
5-6 Cross L in front R , Hold
7-8 Slow turning 3/4 turn left with 2 Count (3.00)

(Option style with twist bouncing step)

#Choreography for FORNAS 8 2025