

No Diggity

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Heidi Wise (USA) & Cathy Garland (USA) - June 2025
音樂: No Diggity - Ryan Langdon



Intro: 8 cts – Start on Lyrics

STRUT X2, TOE FANS BACK X4, L COASTER (12:00-12:00)

1&2& R toe forward(1), Come down on RF(&), L toe forward(2), Come down on LF(&)
3-4 Fan R toes out(3), Step R back fanning L toes out(4)
5-6 Step L back fanning R toes out(5), Step R back fanning L toes out(6)
7&8 Step L back(7), Step R next to L(&), Step L forward(8)

Restart Wall 5 after 8cts. (12:00)

LOCK STEP X2, SYNCHOPATED ROCKING CHAIR ½ PIVOT (12:00-6:00)

1&2 Step R forward(1), Close L behind R(&), Step R forward(2)
3&4 Step L forward(3), Close R behind L(&), Step L forward(4)
5&6& Rock R forward(5), Recover on L(&), Rock R back(6), Recover on L(&)
7-8 Step R forward(7), ½ turn over L shoulder keeping weight on L(8)

R STEP HIP SWIVEL COASTER, L ROCK FORWARD ½ TURN SHUFFLE LRL (6:00-12:00)

1&2 Step R forward(1), Swivel out(&), Swivel in(2)
3&4 Step R back(3), Step L next to R(&), Step R forward(4)
5-6 Rock L forward(5), Recover on R(6)
7&8 ½ turn over L shoulder Step L forward(7), Step R beside L(&), Step L forward(8)

R KICK, OUT OUT, STOMP X2, R SAILOR, L SAILOR ¼ TURN (12:00-9:00)

1&2 Kick R forward(1), Step R out(&), Step L out(2)
3-4 Stomp R in place(3), Stomp L in place(4)
5&6 Step R behind L(5), Step L to L(&), Step R at angle forward(6)
7&8 Step L behind R(7), 1/8 turn L Step R to R(&), 1/8 turn L Step L forward(8)
