

Feel Like Gold

COPPER **KNOB**
STEPSHEETS

拍數: 64 牆數: 4 級數: Easy Improver
編舞者: Marianne Langagne (FR) - June 2025
音樂: Gold - Myles Smith



Intro : 8 Counts – Start on the lyrics

Sect 1 : STOMP , KICK , ROCK BACK, HEEL SWITCHES

1-2 Stomp RF next to LF, Kick RF
3-4 RF Back, Recover on LF
5-6-7-8 R Heel Fwd, Together, L Heel Fwd, Together – HERE 2nd RESTART 6th Wall facing 12.00

Sect 2 BACK TRIPLE STEP, HOLD, COASTER STEP, HOLD

1-2-3 RF Back, Together, RF Back
4 Hold
5-6-7 LF Back, Together, LF Fwd
8 Hold - HERE 1st RESTART 2ND Wall facing 3.00

Sect 3 DIAGONALE STEP LOCK STEP , SCUFF , DIAGONALE STEP LOCK STEP, SCUFF

1-2-3 RF Diagonal Fwd R, Cross LF Behind RF, RF Diagonal Fwd R
4 Scuff
5-6-7 LF Diagonal Fwd L, Cross RF Behind LF, LF Diagonal Fwd L
8 Scuff

Sect 4 JAZZ BOX ¼ TURN R WITH HOLD

1-2 Cross RF over LF, Hold
3-4 RF Back in ¼ Turn R, Hold (3.00)
5-6 RF to the R, Hold
7-8 LF Fwd, Hold

Sect 5 ½ RUMBA BOX MODIFIED

1-2 RF to the R, Touch L next to RF
3-4 LF to the L, Touch R next to LF
5-6 RF to the R, Together Weight on LF)
7-8 RF Fwd, Touch L next to RF

Sect 6 ½ RUMBA BOX MODIFIED

1-2 LF to the L, Touch RF next to LF
3-4 RF to the R, Touch L next to RF
5-6 LF to the L, Together (Weight on RF)
7-8 LF Back, Touch R next to LF

Sect 7 VINE CROSS , SIDE ROCK CROSS , HOLD

1-2-3-4 RF to the R, Cross LF Behind RF, RF to the R, Cross LF Over RF
5-6 RF to the R, Recover on LF
7-8 Cross RF Over LF, Hold

Sect 8 VINE CROSS , SIDE ROCK CROSS , HOLD

1-2-3-4 LF to the L, Cross RF Behind LF, LF to the L, Cross RF Over LF
5-6 LF to the L, Recover on RF
7-8 Cross LF Over RF, Hold (Weight on LF)

FINAL : When the music stops (6.00), continue dancing the first 16 counts then : Step RF Fwd – 1/2 Turn L

(12.00)

Dance & Have fun !!!!

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