

Hold On a Minute Pinky!

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Sue Korek (USA) - 10 June 2025
音樂: Hold on a Minute - Michael Learns to Rock
或: Pink Cadillac - Bruce Springsteen



Alternate Music:

Pink Cadillac – Bruce Springsteen (3 May 1984) Intro: 16 counts, bpm=130

Intro: 32 counts after steady beat

Section 1 (CROSS SHUFFLE LEFT, ROCK LEFT SIDE, LEFT ROCKING CHAIR)

1&2 Cross R over L, step L to left side, cross R over L
3-4 Rock L to left side, recover R
5-6 Rock L forward, recover R
7-8 Rock L back, recover R

Section 2 (CROSS SHUFFLE RIGHT, ROCK RIGHT SIDE, RIGHT ROCKING CHAIR)

1&2 Cross L over R, step R to right side, cross L over R
3-4 Rock R to right side, recover L
5-6 Rock R forward, recover L
7-8 Rock R back, recover L

Section 3 (HEEL HOME, HEEL, 1/2 TURN LEFT STEP L, HEEL HOME)

1-2 Touch R heel forward, step R beside L
3-4 Touch L heel forward, 1/2 turn left step L (6:00)
Another option: Turn 1/4 left (3:00) to create a 4-wall dance.
5-6 Touch R heel forward, step R beside L
7-8 Touch L heel forward, step L beside R

Section 4 (SHUFFLE FWD RLR, SHUFFLE FWD LRL, TWO CROSS POINTS BACK)

1&2 Shuffle forward RLR
3&4 Shuffle forward LRL
5-6 Cross R behind L, point L out
7-8 Cross L behind R, touch R beside L

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