

Break The Chain (Bloodline)

COPPER KNOB
STEPSHEETS

拍數: 28 牆數: 2 級數: High Beginner
編舞者: Myrta Asplundh (USA) - June 2025
音樂: Bloodline - Alex Warren & Jelly Roll



Intro: 8 counts (on the lyrics) - 2 Restarts

[1-8] Shuffle forward, ½ shuffle fwd, ¼ shuffle fwd, ½ shuffle fwd

1&2 Step forward on the R (1), Step L together(&), Step fwd on R (2)
3&4 Make sharp ½ turn L stepping fwd on the L (3), Step R together (&), Step fwd on L (4),
5&6 Make sharp ¼ turn R stepping fwd on the R (5), Step L together(&), Step fwd on R (6)
7&8 Make sharp ½ turn L stepping fwd on the L (7), Step R together(&), Step fwd on L (8)

[9-16] 2x Kick-Ball Steps, R Heel, L Heel, R Heel, 2x Claps

1&2 Kick R forward (1), Touch R on floor (&), Step on L (2)
3&4 Kick R forward (3), Touch R on floor (&), Step on L (4)
5&6& R heel forward (5), Step on R (&), L heel forward (6), Step on L (&)
7&8 R heel forward (7), Clap Twice (&, 8)

[RESTART HERE]

[17-24] Shuffle Fwd, ¼ Sweep, R point, L point

1&2 R forward (1), L together with R (&), Step R forward (2)
3 - 4 Weight on the R (3), Sweep L leg around with a ¼ turn to R (4)
5 - 6 Step on L (5), Point R to the side (6)
7 - 8 Bring R in (7), Point L to the side (8)

[25-28] 2x Step Hitch, R Rock Back Recover

1&2 Step on L and hitch R knee (1), Press R in floor (&), Hitch R knee (2)
3 - 4 Rock back R (3), Rock weight on L (4)

[RESTARTS]

Restart 1 - Wall 3 after 16 counts

Restart 2 - Wall 12 after 16 counts

Last Update: 12 Jun 2025