

It's Not the End

COPPER KNOB
STEPPERS

拍數: 88 牆數: 4
編舞者: Sabine Barbara (DE) - June 2025
音樂: End of the World - Miley Cyrus

級數: Phrased Improver



Intro: Start after vocals (approx. 8 counts)

Sequence: A, B, C – A, B, C – A, A (16 Counts, to 2:00) – C, C, Tag (from 2:34) – B, C (16 counts) – Restart A (from 3:14)

PART A – 24 counts

[1–8] Side Step Touches, Side Triple, V-Step x2

- 1–2 Step R to right side, touch L beside R
- 3–4 Step L to left side, touch R beside L
- 5&6 Step R to side, step L beside R, step R to side
- 7–10 Step out R-L, step in R-L (V-Step), repeat

[11–16] Side Step Touches, Side Triple

- 11–12 Step L to left side, touch R beside L
- 13–14 Step R to right side, touch L beside R
- 15&16 Step L to side, step R beside L, step L to side

[17–24] Jazz Box 1/4 Turn Right, Kick Steps

- 17–20 Cross R over L, step L back, turn 1/4 right stepping R to side, step L beside R
- 21–22 Kick R forward, step R down
- 23–24 Kick L forward, step L down

PART B – 32 counts

[1–8] Zig-Zag Weave Right

- 1–2 Step R to side, cross L behind R
- 3–4 Step R to side, cross L over R
- 5–6 Step R to side, cross L behind R
- 7–8 Step R to side, step L beside R

[9–16] Rock Steps, Knee Lift

- 9–10 Rock forward on R, recover on L
- 11–12 Rock back on R, recover on L
- 13–14 Rock R to right side, recover on L
- 15–16 Lift R knee, step R down

[17–24] Zig-Zag Weave Left

- 17–18 Step L to side, cross R behind L
- 19–20 Step L to side, cross R over L
- 21–22 Step L to side, cross R behind L
- 23–24 Step L to side, step R beside L

[25–32] Rock Steps, Knee Lift

- 25–26 Rock forward on L, recover on R
- 27–28 Rock back on L, recover on R
- 29–30 Rock L to left side, recover on R
- 31–32 Lift L knee, step L down

PART C – 32 counts

[1–8] Walk Forward & Back with Taps

- 1–4 Walk forward R-L-R, tap L beside R
5–8 Walk back L-R-L, tap R beside L

[9–16] Shuffles Forward, 1/2 Turn Left

- 9&10 Shuffle forward R-L-R
11&12 Shuffle forward L-R-L
13&14 Shuffle forward R-L-R
15–16 Step L forward, turn 1/2 left stepping R beside L

[17–24] Shuffles Forward, 1/2 Turn Right

- 17&18 Shuffle forward L-R-L
19&20 Shuffle forward R-L-R
21&22 Shuffle forward L-R-L
23–24 Step R forward, turn 1/2 right stepping L beside R

[25–32] Rocking Chair x2

- 25–26 Rock forward on R, recover on L
27–28 Rock back on R, recover on L
29–30 Rock forward on R, recover on L
31–32 Rock back on R, recover on L

Part A, B, C

Part A

Part A (16 Counts)

Part C

Part C

TAG (from minute 2:34)

Rocking Chair with Arm Movements (approx. 24 counts)

Instead of the last rocking chair pattern (Part C), do 4 rocking chairs (total 16 counts), then stop.

Sway gently side to side. Right arm circles from front to right, left arm circles from front to left – freestyle and expressive (8 counts)

Continue until lyric: “Let’s pretend that it’s not the end of the world”

PART B (from minute 2:50)

RESTART (Part C, 16 Counts & Part A)
