If I Said



拍數: 32 牆數: 4 級數: Improver

編舞者: Frank Heelan (IRE) - June 2025

音樂: If I Said You Had - DJ Ötzi & The Bellamy Brothers



Sec: 1 Walk, walk, side rock cross, side rock, sailor ¼ turn.

1-2 Walk forward right, left.

3&4 Rock right to right, recover to left, cross right over left.

5-6 Rock left to left, recover to right.

7&8 Turn ¼ left sweeping left behind, rock right to right, recover to left. (9.00)

Sec: 2 Shuffle forward rock recover, shuffle back rock recover.

1&2 Step forward right, left together, forward right.

3-4 Rock forward left, recover to right.
5&6 Step back left, right together, back left.
7-8 Rock back right, recover to left. (9.00)

Sec: 3 Step forward right point left, forward left point right, jazz box cross.

1-2 Step forward right, point left3-4 Step forward left, point right

5-6 Cross right over left, step left to left.

7-8 Step right to right, cross left over right. (9.00)

Sec: 4 Chasse right, rock back recover, shuffle 1/2 turn, rock back recover.

1&2 Step right to right, left together, step right to right.

3-4 Rock back on left, recover to right.

5&6 Turn ¼ right step left to left, right together, turn ¼ right step back on left.

7-8 Rock back on right, recover to left. (3.00)

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