Not Even a Little



編舞者: Rita De Los Angeles (USA) - June 2025 音樂: Not Even a Little - Rita De Los Angeles



The song starts with a 16-count intro, and the dance begins with the vocals on beat 17. The first wall is repeated 4 times, followed by a 16-count bridge. The second wall is repeated 4 times, then the second bridge plays. After that, the choreography restarts for the final third wall and continues through to the end. Choreography has a nice mix of groove, flow. & energy.

☐ Flow: The conga walks, hip bumps, and side steps keep the movement dynamic and engaging. The hip circles at the end provide a fun, expressive finish.

SECTION 1: ROCK & WEAVE WITH SYNCOPATION (1-8)

1-2 Rock R to side, recover on L

3&4 Cross R behind L, step L to side, cross R over L

5-6 Rock L to side, recover on R

7&8 Cross L behind R, step R to side, cross L over R

SECTION 2: CONGA FORWARD AND BACKWARD WALKS WITH TOUCH (9-16)

9-12 Step R forward center, step L forward center, step R forward center, touch L to side

13-16 Step L back, step R back, step L back, touch R to side

SECTION 3: STEP, PIVOT 1/2 TURN LEFT X2 (17-20)

17 Step R forward

18 Pivot 1/2 turn left (weight on L)

19 Step R forward

20 Pivot 1/2 turn left (weight on L)

SECTION 4: DOUBLE HIP BUMPS (21-24)

21&22 Step R forward with two hip bumps (R, R) 23&24 Step L forward with two hip bumps (L, L)

REPEAT 4x BEFORE 1ST BRIDGE!

BRIDGE!!!! GUITAR BREAK: (2x in the Song, both occur after the first two Refrains) SECTION 5: 8-COUNT BACKWARD DIAGONAL CROSS WITH CLAPS (1-8)

1	Step right foo	t diagonally	/ back right

2 Touch left foot across in front of right (overlap slightly) and double clap

3 Step left foot diagonally forward left (returning toward center)

Touch right foot next to left and one clap

Step right foot diagonally back right

6 Touch left foot across in front of right (overlap slightly) and double clap

7 Step left foot diagonally forward left (returning toward center)

8 Touch right foot next to left and one clap

SECTION 6: 4-COUNT FORWARD DIAGONAL CROSS WITH CLAPS (9-12)

Step right foot diagonally forward right
Step left foot next to right and double clap
Step right foot diagonally forward right
Step left foot next to right and clap once

SECTION 7: STEP PIVOT, ½ TURN LEFT, TWO-COUNT HIP CIRCLE (13-16)

13 Step right forward

- Pivot half turn left (weight on L)

 Shift weight to left foot and begin circling your hips in a fluid motion to the right (clockwise)

 Complete the circle back to center over the second count
- GO BACK TO THE BEGINNING AND DANCE THE 24-COUNT DANCE SECTIONS 1-4 UNTIL YOU GET TO THE 2ND BRIDGE

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