Baila Y QuiéRete

COPPER KNOB

拍數: 32

牆數:2

級數: Beginner

編舞者: Cata Iglesias (ES) & Marita Torres (ES) - May 2025

音樂: Time of my Life (Bachata Remix DJC) - Dirty Dancing

(no tags, no restarts)

Intro 32 counts + Intro 24 danced

INTRO

*2^a Intro: 24 counts (after the first 32 counts, when the female singer's voice begins) BASIC BACHATA RIGHT & LEFT

- 1-2-3-4 RF to right, LF next to RF, RF to right, LF touch next to RF
- 5-6-7-8 LF to left, RF next to LF, LF to left, RF touch next to LF

BASIC BACHATA FORWARD & BACK

- 1-2-3-4 RF forward, LF next RF, RF forward, LF touch next to RF
- 5-6-7-8 LF back, RF next to LF, LF back, RF touch next to LF

SWAY HOLD RIGHT & LEFT, SWAY R-L-R-L

- 1-2-3-4 sway right, hold, sway left, hold ¬¬
- 5-6-7-8 sway right, left, right, left

¬ DANCE

BASIC BACHATA RIGHT AND LEFT

- 1-2-3-4 RF to side right, LF next to RF, RF to side right, LF touch next to RF
- 5-6-7-8 LF to side left, RF next to LF, LF to side left, RF touch

1⁄4 TURN RIGHT RF FORWARD, LF NEXT TO RF, RF IN PLACE, LF TOUCH, 1/4 TURN LEFT LF SIDE LEFT, RF NEXT TO LF, 1/4 LEFT LF FORWARD, RF TOUCH

- 1-2-3-4 1/4 right RF forward, LF next to RF, RF in place, LF touch next to RF (3:00)
- 5-6 1/4 turn left LF forward, RF next to LF
- 7-8 1/4 turn left LF forward, RF touch next to LF (9:00)

POINT FORWARD, POINT SIDE, SAILOR STEP 1/2 RIGHT, POINT FORWARD, SIDE, SAILOR STEP 1/2 LEFT

- 1-2 RF point forward, RF point right
- 3&4 ¹/₂ RF behind LF, LF side left, RF side right (3:00)
- 5-6 LF point forward, LF point left,
- 7&8 1/4 LF behind RF, RF side right, LF side left (12:00)

SHUFFLE FORWARD RIGH AND LEFT, STEP TURN LEFT X 2

- 1&2 RF forward, LF next to LF, RF forward
- 3&4 LF forward, RF next to RF, LF forward
- 5-6 RF forward, ¼ turn left
- 7-8 RF forward, ¼ turn left (6:00)

