Happy Heartache Girl



編舞者: LD Crazy Mike (SWE) - June 2025

音樂: Blue Ridge Mountain girl - A Happy Heartache: (THE KINNA SESSION)



Dance starts on vocal bout2 counts intro

Section 1 Kick R Across L, Kick R to side, R Coaster Step, Kick L Across R, Kick L to side, L Coaster step				
1 - 2	Kick Right foot forward Across L, Kick Right foot to right side			
3 & 4	Step back on Right foot, Step Left beside Right, Step forward on Right			
5 – 6	Kick Left foot Forward Across R, Kick Left foot to left side			
7 & 8	Step back on Left foot, Step right beside Left Foot, Step Forward on Left Foot			

Section 2 R Diagonal Shuffle Forward, L Diagonal Shuffle Forward, right diagonal Chassé, left diagonal chassé (Both Chassé's Travelling Backwards)

1 & 2	Angle to (1.30) Step Right Forward, Step Left Beside Right, Step Forward on Right
3 & 4	Angle to (10.30), Step Forward on Left, Sep right beside Left, Step Left Forward
5 & 6	Angle to (1.30), Step right foot to the right, Step left foot next to right, Step right foot to the right
7 & 8	Angle to (10.30), Step left foot to the left, Step right foot next to left, Step left foot to the left (Straighten up to 12 a clock)

Section 3 Right Rolling Vine. (Touch) Clap x 1. Left Rolling Vine (Touch). Clap x 1. (Easy Option Right Vine with Touch, Left Vine with Touch and clap)

1 - 4 Step right 1/4 turn right. Make 1/2 turn right stepping back left, Make 1/4 turn right stepping right to right side. Touch left beside right and Clap.

(Step R to R side, Step L behind, Step R to R side, Touch L beside R, and clap)

5 - 8 Step left 1/4 turn left. Make 1/2 turn left stepping back right. Make 1/4 turn left stepping left to left side. Touch right beside left and Clap.

(Step L to L side, Step R behind, Step L to L side, Touch R beside L, and clap)

Section 4 Right Kickball Change x2, Step Turn 1/4 Left x 2 Over Left Shoulder

1 & 2	Kick Right Forward. Step Right Beside Left. Step Left In Place.
3 & 4	Kick Right Forward. Step Right Beside Left. Step Left In Place.
5 – 6	Step forward on Right foot, turn a 1/4 turn left, Returning weight on left foot
7 – 8	Step forward on Right foot, turn a 1/4 turn left, Returning weight on left foot

(Styling on count 5-8 in section 4. Wave and swing your right arm around, as you were about to swing a lasso)

Start over □					
Dedicated to the Swedish	Bluegrass	Band,	Нарру	Heartac	he