

Busy All the Time

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Gordon Elliott (AUS) - June 2025
音樂: Busy Doin' Nothin' - Zach Top : (Single)



Introduction : 16 Beats

FORWARD, ROCK, SHUFFLE BACK, BACK, ROCK, SHUFFLE FORWARD

1, 2 Step R Forward, Rock Back Onto L,
3 & 4 Shuffle Back Step : R-L-R,
5, 6 Step L Back, Rock Forward Onto R,
7 & 8 Shuffle Forward Step : L-R-L. (12.00)

PADDLE TURN, SHUFFLE ACROSS, SIDE, ROCK, BEHIND-SIDE-ACROSS

1, 2 Paddle : Step R Forward, Turn 90° Left Take Weight Onto L, (9.00)
3 & 4 Shuffle Right Across In Front Of Left Step : R-L-R,
5, 6 Step L To The Side, Side Rock Onto R,
7 & 8 Step L Behind Right, Step R To The Side, Step L Across In Front Of Right. (9.00)

SIDE, HOLD & SIDE, TOUCH, ROLLING VINE & SCUFF

1, 2 & Step R To The Side, Hold, Step L Together,
3, 4 Step R To The Side, Touch L Toe Together,
5, 6 Vine : Turn 90° Left Step L Forward, Turn 180° Left Step R Back, (12.00)
7, 8 ## Turn 90° Left Step L To The Side, Scuff R Forward. (9.00)

ROCKING CHAIR, 1/4 JAZZ BOX FORWARD

1, 2 Rocking Chair : Step R Forward, Rock Back Onto L,
3, 4 Step R Back, Rock Forward Onto L,
5, 6 Jazz Box : Step R Across In Front Of Left, Step L Back,
7, 8 # Turn 90° Right Step R To The Side, Step L Forward. (12.00)

FORWARD, HOLD, PIVOT TURN, FORWARD, HOLD, PIVOT TURN

1, 2 Step R Forward, Hold,
3, 4 Pivot : Step L Forward, Turn 180° Right Take Weight Onto R, (6.00)
5, 6 Step L Forward, Hold,
7, 8 Pivot : Step R Forward, Turn 180° Left Take Weight Onto L. (12.00)

ACROSS, ROCK, SIDE SHUFFLE, ACROSS, ROCK, SIDE, DRAG

1, 2 Step R Across In Front Of Left, Rock Onto L,
3 & 4 Side Shuffle To The Right Step : R-L-R,
5, 6 Step L Across In Front Of Right, Rock Onto R,
7, 8 Big Step L To The Side, Drag R Toe Towards Left. (12.00)
& ACROSS, 1/4 BACK, 1/4 SIDE SHUFFLE,

ACROSS, ROCK, 1/4 FORWARD, FORWARD

& 1, 2 Step R Together, Step L Across In Front Of Right, Turn 90° Left Step R Back,
3 & 4 Turn 90° Left Side Shuffle To The Left Step : L-R-L, (6.00)
5, 6 Step R Across In Front Of Left, Rock Onto L,
7, 8 Turn 90° Right Step R Forward, Step L Forward. (9.00)

FORWARD, ROCK, COASTER STEP, PIVOT TURN, SHUFFLE FORWARD,

1, 2 Step R Forward, Rock Back Onto L,

3 & 4	Coaster : Step R Back, Step L Together, Step R Forward,
5, 6	Pivot : Step L Forward, Turn 180° Right Take Weight Onto R, (3.00)
7 & 8	Shuffle Forward Step : L-R-L, (3.00)

[64] REPEAT THE DANCE IN NEW DIRECTION

RESTART 1 : On WALL 3 dance to BEAT 32 (#) & RESTART facing the BACK.

RESTART 2 : On WALL 5 dance to BEAT 24 (##) & RESTART facing the BACK
