

We Are Family

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Darren Bailey (UK) - June 2025
音樂: We Are Family - Cedric Gervais & Nile Rodgers



Intro: 32 Counts

Walk forward x4 (R, L, R, L), Step, Touch, Step, Touch

- 1-2 Step forward on RF, Step forward on LF
- 3-4 Step forward on RF, Step forward on LF
- 5-6 Step RF to R side, Touch LF next to RF
- 7-8 Step LF to L side, Touch RF next to LF

Option counts 5-8 add Shimmy Shoulders.

Walk back x4 (R, L, R, L), Step, Touch, Step, Touch

- 1-2 Step back on RF, Step back on LF
- 3-4 Step back on RF, Step back on LF
- 5-6 Step RF to R side, Touch LF next to RF
- 7-8 Step LF to L side, Touch RF next to LF

Option counts 5-8 add Hip rolls.

Side, Close, R Shuffle, Cross Rock, Recover, L Shuffle

- 1-2 Step RF to R side, Close LF next to RF
- 3&4 Step RF to R side, Close LF next to RF, Step RF to R side
- 5-6 Cross rock LF over RF, Recover onto RF
- 7&8 Step LF to L side, Close RF next to LF, Step LF to L side

Cross Rocking Chair with R, 1/8 L x2

- 1-2 Cross rock RF over LF, Recover onto LF
 - 3-4 Rock RF back to R diagonal, Recover onto LF
 - 5-6 Step forward on RF, Make a 1/8 turn L
 - 7-8 Step forward on RF, Make a 1/8 turn L
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