### M.A.N.G.U



編舞者: Suciati C.C.Q (INA) - June 2025

音樂: Mangu (feat. Charita Utami) - Fourtwnty



**INTRO: 32C** 

\*1Tag,No Restart

SEQUENCE: AAB TAG AAB B ABB B.

### PART A 32C

### Section 1: FORWARD, HOLD, SUGAR TUCK, COASTER STEP

1,2 Step forward RF, Hold3.4 Step forward LF, Hold

Step RF forward, recover on LF,½turn R Step ball RF forward.

7&8 ½ turn R step back LF, step RF beside LF, step LF in place, step RF in place.

### Section 2: CROSS BEHIND, SWEEP, COASTER STEP, WALK FORWARD

1,2 Cross behind RF over LF ,sweep LF from front to back
3,4 cross LF behind RF over, Sweep RF from front to back.
5&6 Step RF back, step LF beside RF ,step LF forward

7,8 Walk forward LF, RF.

### Section 3: HIPSWAY L-R-L, SWEEP, CROSS BEHIND, SIDE, CROSS SHUFFLE

1,2,3,4 Step LF to L swing hip and shoulder L-R-L, Sweep back LF.

5,6 Cross LF behind RF, step RF to R.

7&8 cross LF over RF, step RF to R, cross LF over RF.

## Section 4: 1/4 TURN R FORWARD RF, FULLTURN R, ROCK SIDE R, RECOVER, 1/2 TURN L STEP RF SIDE, SWEEP CROSS BEHIND LF, COASTER STEP HITCH RF.

1,2 ½ turn R, touch LF over RF, make a full ¾ turn to R.

3.4 Rock step RF to R, recover on LF

5,6 ½ turn L step RF to R with sweep LF from front to back, Cross LF behind RF.

7&8 step RF beside LF, step LF forward, hitch R knee (going up).

#### **PART B: 32 C**

## Section 1: STEP BACK, RECOVER, STEP FORWARD LF,1/4TURN L RF SIDE, CROSS LF,1/4TURN L STEP BACK RF, STEP LF BESIDE RF.

1,2,3 Step back RF, LF, RF.

Step back LF, recover on RF, step LF forward.
turn L step RF side R, cross LF over RF,
turn L step RF back, step LF beside RF.

### Section 2: STEP BACK, TOUCH, COASTER STEP.

1,2 Step back RF,touch LF beside RF.
3,4 Step back LF,touch RF beside LF.
5,6 Step back RF,touch LF beside RF.

7&8 Step back LF, step RF beside LF, step LF forward.

# Section 3: ¼ TURN R STEP RF FORWARD, ½ TURN R STEP BACK LF, ¼ TURN R SIDE RF, CROSS LF, RF SIDE, CROSS ROCK, RECOVER, LF SIDE, HOLD.

1,2& Step RF forward,½turn R step LF back,¼turn R step RF to R.
3,4 Cross LF over RF, Step RF slightly side R with drag LF to R

5,6 7,8	Cross rock LF, recover on RF. make big Step LF slightly to side L , hold.
	VE,¼TURN L FORWARD LF,FULL TURN HITCH LF KNEE UP, FORWARD LF,ROCK, STEP RF BESIDE LF. cross LF over RF, step RF to R, cross LF behind RF,¼turn L step RF forward ½ turn L Step back RF make with hitch LF knee up turn around, ½ turn L step LF forward Rock forward RF, recover on LF, step RF beside LF.
Tag after part B Tag 8C: NIGHT 1,2& 3,4& 5,6 7,8&	on wall 3 CLUB,½TURN AROUND LF - RF - LF, CROSS,SIDE, HIPSWAY. step RF to R,close LF behind RF, cross RF over LF. ¼ turn L step LF forward,½ turn L step RF forward,½turn L step LF forward. cross RF over LF,step LF to L swing hip and shoulder L-R-L
Thanks for enjoying this choreo, Happy Dancing □ □ dwinursetiyawan@gmail.com	