Keys To Love

拍數: 32

級數: Improver

編舞者: Teri Highbaugh (USA) - June 2025

音樂: I Don't Like It, I Love It (feat. Robin Thicke & Verdine White) - Flo Rida

ROCK, RECOVER, BEHIND-SIDE-CROSS, ½ TURN HEEL BOUNCE STEPS

- 1-2 Step out to right side, Shift weight back to left foot
- 3&4 Step right behind left, step left to side, cross right over left
- 5-8 Bounce heels 4 times in place while unwinding and making ½ turn to the left (weight ends on right) (6:00)

LEFT SAILOR, RIGHT SAILOR, LEFT SAILOR, ¼ TURN RIGHT SAILOR

- 1&2 Cross left behind right, step out with right, step out with left
- 3&4 Cross right behind left, step out with left, step out with right
- 5&6 Cross left behind right, step out with right, step out with left
- 7&8 Making ¼ turn to right, cross right behind left, step out with left, step out with right

STEP, LOCK, STEP-LOCK-STEP, ROCK, RECOVER, SHUFFLE ½ TURN

- 1-2 Step forward left, step right behind left ("lock")
- 3&4 Step forward left, step right behind left, step forward left
- 5-6 Rock forward on right, recover weight back to left
- 7&8 Make a ¼ turn right and step right to side, Step left next to right, Make a ¼ turn right and step forward right

HEEL, STEP, HEEL, OUT-OUT, HOLD, HIP BUMPS/ROLL

- 1&2 Tap left heel out, step left next to right, Tap right heel out
- &3-4 Step right foot out to side, Step left foot out to side (end up about shoulder width apart), hold (clap if you want)
- 5-8 Bump hips in any way you want! (2 to the right, 2 to the left, or right-left-right-left, or roll the hips)

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牆數:4