

Happy Man

拍數: 32 牆數: 4 級數: Improver
編舞者: Sabine Stalder & Alice Berini (CH) - June 2025
音樂: Happy Man - Christian Kane : (iTunes)



Count In: 8 counts from start of the track, start on vocals

S1 2 Walks, Step, Lock, Unwind ½ Turn, 4 Skates

- 1 - 2 Walk R forward, walk L forward 12:00
- & 3 Step R forward, lock L behind R 12:00
- 4 Unwind ½ turn left (weight ends on L) 06:00
- 5 - 8 Skate R, L, R, L 06:00

S2 2x ¼ Turns With Hip Roll, Kick And Heel, 2 Knee Pops

- 1 - 2 Step R forward, turn ¼ turn left as you roll hips anti clockwise from left to right (weight ends on L) 03:00
- 3 - 4 Step R forward, turn ¼ turn left as you roll hips anti clockwise from left to right (weight ends on L) 12:00
- 5 & 6 Kick R forward, step R back, touch L heel diagonally left forward 12:00
- & 7 - 8 Step L beside R, pop R knee, pop L knee 12:00

S3 ¼ Turn, Cross Triple Step, Point, Cross, ¼ Turn, ¼ Turn

- & 1 - 2 Step L beside R, step R forward, turn ¼ turn left (weight ends on L) 09:00
- 3 & 4 Cross R over L, step L to left side, cross R over L 09:00
- 5 - 6 Point L to left side, cross L over R 09:00
- 7 - 8 ¼ turn left step back on R, ¼ turn left step L to left side 03:00

S4 2x Hitch And Heel, Cross, Unwind ½ Turn, Syncopated Jazz Box

- 1 & 2 Hitch R knee (knee points slightly to left diagonal), step down on R, touch L heel diagonally left forward 03:00
- & 3 & 4 Step L beside R, hitch R knee (knee points slightly to left diagonal), step down on R, touch L heel diagonally left forward 03:00
- & 5 - 6 Step L beside R, cross R over L, unwind ½ left (weight ends on L) 09:00
- 7 & 8 & Cross R over L, step L back, step R to right side, step L forward 09:00