

# Wings To Fly

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Absolute Beginner  
編舞者: Rhoda Lai (CAN) & Hayley Wheatley (UK) - June 2025  
音樂: Power of love x I'm Alive 2025 - LABACK remix feat. Laura Furmanova



Intro : 32 counts

**NO TAGS OR RESTARTS!**

## **[1-8] WALK FORWARD R-L-R, KICK, WALK BACK L-R-L, TOUCH**

12                    Step RF forward (1), Step LF forward (2)

34                    Step RF forward (3), Kick LF forward (4)

**\*Raise your arms up on Counts 1-3, click fingers on Count 4**

56                    Step LF back (5), Step RF back (6)

78                    Step LF back (7), Touch RF next to LF (8)

**\*Bring your arms down on Counts 5-8**

## **[9-16] FORWARD DIAGONAL, TOUCH, SIDE, TOUCH, BACK DIAGONAL, TOUCH, SIDE, TOUCH**

12                    Step RF forward to R diagonal (1), Touch LF next to RF clapping hands (2)

34                    Step LF to L side (3), Touch RF next to LF clapping hands (4)

56                    Step RF back to R diagonal (5), Touch LF next to RF clapping hands (6)

78                    Step LF to L side (7) Touch RF next to LF clapping hands (8)

**Note: The step-touch combination should yield a box shape.**

## **[17-24] GRAPEVINE R, TOUCH, GRAPEVINE L, BRUSH**

12                    Step RF to R side (1), Step LF behind RF (2)

34                    Step RF to R side (3), Touch LF next to RF (4)

56                    Step LF to L side (5), Step RF behind LF (6)

78                    Step LF to L side (7), Brush RF forward (8)

## **[25-32] ROCKING CHAIR, HEEL STRUTS R, ¼ L HEEL STRUTS L**

12                    Rock forward onto RF (1), Recover onto LF (2)

34                    Rock back onto RF (3), Recover onto LF (4)

**\*Push arms upwards and outwards to sides during counts 1-4 with palms facing forwards to coincide with the lyrics "I'm Alive!"**

56                    Touch R Heel forward (5), Drop weight onto RF (6)

78                    Make ¼ turn L Touching L Heel forward (7), Drop weight onto LF (8)

**(Start the dance again facing 9:00)**

**\*\*\*Alternative - Hold hands with the person next to you throughout the dance until count 28, drop the hand holding during count 29 to 32.**

**Reconnect with different dancers next to you and hold hands to execute the next rotation. Repeat the same process.**

**Have fun!**

rhoda\_eddie@yahoo.ca  
hcwheatley@live.com