

It's My Life!

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Nicole Nixon (USA) & Karen Bartolini (USA) - April 2025
音樂: Now Or Never - Pitbull & Bon Jovi



#16 count intro. 1 tag

[1-8] L FORWARD ROCK RECOVER, R BACK LOCK STEP, STEP OUT R/L, R SWIVET

1,2 Rock L forward, recover to R
3&4 Step L back, step R back over L, step L back,
5,6 Step R to R side, step L to L side
7,8 With wt. on L ball of foot and R heel turn L heel L & R toe R. Arms: press arms down to R and L during swivet (1200)

[9-16] R JAZZ BOX CROSS, ¼ SWIVEL L, R KICK-BALL CROSS

1,2 Step R/L, step L back
3,4 Step R to R side, step L/R
5,6 Step R to R side, pivot ¼ L with wt. on L
7&8 Kick R forward, step down on R, step L/R (900)

[17-24] SERPIENTE, BEHIND SIDE CROSS

1,2 Step R to R side, step L behind R
3,4 ¼ step R, step L forward
5,6 ½ turn over R shoulder wt. on R, ¼ turn stepping L to L side
7&8 Step R behind L, step L to L side, cross R/L (900)

[25-32] L ¼ HEEL GRIND, COASTER STEP, ¼ PIVOT X 2

1,2 L heel to L side ¼ pivot L
3&4 Step back on L, step R next to L, step L forward
5,6 Step R forward making ¼ pivot L
7,8 Step R forward making ¼ pivot L (1200)

[33-40] X KICK R/L X2, STEP TOUCH R&L, 1 & ¼ TURN R, STEP FORWARD L

1,2 Kick R foot over L towards 1100 x 2
&3&4 Step down on R, touch L next to R, step down on L, touch R next to L
5,6 Step R ¼ turn forward, step back on L ½ turn backwards
7,8 Step R ½ turn forward, step forward L (300)

[41-48] R FORWARD PRESS, RECOVER L, BACK SWEEPS X 3, BEHIND SIDE CROSS (R HAND HAT TIP)

1,2 Press forward on R, recover L sweeping R back
3,4 Step on R sweeping L back, step on L sweeping R back
5&6 Step R behind L, step L to L side, step R/L
7,8 Step L, touch R behind L with R hand up to tip hat (300)

[49-56] SHUFFLE R, 1/8 TURNING L SAILOR STEP, PIMP WALK X 2

1&2 Step R to R side, step L next to R, step R to R side
3&4 Step L behind R, step R to R side, step L to L side making 1/8 turn L
5,6 Step R/L (bend at knee to dip on count 5 and rise on 6)
7,8 Step R/L (repeat dip on 7 and rise on 8) (130)

[57-64] ½ TURN TOUCHES X 4, END WITH WT. ON R

1,2 Step forward on R making ½ turn to 900, touch L next to R

3,4 Step forward on L making $\frac{1}{2}$ turn to 300, touch R next to L
5,6 Step forward on R making $\frac{1}{2}$ turn to 900, touch L next to R
7,8 Step forward on L making $\frac{1}{2}$ turn to 300 taking weight on R

TAG: At the end of wall 1, L V step

1,2 Step L forward to 130, step R forward to 530
3,4 Step L back to center, step R next to L

ENDING: Dance ends after 2 $\frac{1}{4}$ pivots facing 1200. Lyrics say "it's my life". On LIFE step R foot forward and raise R fist up

Enjoy!

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