

Calling Me Home

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Sherryll Markie-Brookes (NZ) - June 2025
音樂: Calling Me Home - Matariki Hunga Nui - Troy Kingi, Rob Ruha, Kaylee Bell



One restart facing 12 o'clock after instrumental.

Part One: Step right, Step left, Step forward, Step back.

- 1-2 Step right to side, touch left next to right (raise arms like beckoning)
- 3-4 Step left to side, touch right next to left (curl arms up in circular movement)
- 5-6 Step forward on right, touch left beside right (raise arms like beckoning)
- 7-8 Step back on left, touch right beside left (curl arms up in circular movement)

Part Two: Vine to the right (clap) Vine to the left (clap) (can use circular welcoming movement as above)

- 1-2 Step right to right side, step left behind right (double time circular movements as above)
- 3-4 Step right to right side, tap left next to right & clap
- 5-6 Step left to left side, step right behind left (double time circular movements as above)
- 7-8 Step left to left side, tap right next to left & clap

Part Three: Step, sweep, cross hold, back R & L, rock back R recover L

- 1-2 Step right forward, sweep left around to front (hands on hips)
- 3-4 Cross left over right, hold
- 5-6 Step right back, step left back
- 7-8 Rock back on Right – recover on left

Part Four: Step, sweep, cross hold, back R & L, rock back R, recover left

- 1-2 Step right forward, sweep left around to front (hands on hips)
- 3-4 Cross left over right, hold
- 5-6 Step right back, step left back
- 7-8 Rock back on right, recover on left

(¼ turn left to restart on wall 5 – 12 o'clock)

Part Five: Right hook, step scuff, step kick behind, step kick behind

- 1-2 Step right to right, hook left across right as you ¼ turn left on ball of right foot
- 3-4 Step left foot forward, scuff right
- 5-6 Step right beside left, (push hands down in a holding position) kick left leg behind right
- 7-8 Step left to side kick right left behind left leg (cross your arms at wrists with fists closed)

Part Six: Vine to the right – vine to the left

- 1-2 Step right to right side, step left behind right – hands on hips
- 3-4 Step right to right side, tap left next to right
- 5-6 Step left to left side, step right behind left
- 7-8 Step left to left side, tap right next to right

To finish - on step 8 – Step left to left side, ¼ turn left, hands on hips!