

Bad Dream

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Lucy Aprilina Lo (INA) & Lalita Atikandhari (INA) - June 2025
音樂: Bad Dreams - Teddy Swims



START ON LYRIC

S 1: CHASSE – KICK BALL CROSS- SHUFFLE FULL TURN – SHUFFLE BACK LOCK

1&2 Step R to side- step L together- step R to Side
3&4 Kick Lf to diagonal left- step Lf on ball – Cross R over L (fac 10.30)
5&6 Turn ¼ L, Step L forward- Turn ¼ L, step R to side- cross L over R (4.30)
7&8 Turn 1/8 L, step R back- step L over R- Step R back (3.00)

S 2: SAILOR STEP- SAILOR ¼ TURN- ROCK – RECOVER- CHASSE

1&2 Cross L behind R-Step R slightly to R- step L to side
3&4 Turn ¼ R, Cross L behind R- step L slightly to L- Step R to side
5-6 Rock L forward- recover on R
7&8 Turn 1/4 L, Step L to side- step R together- step L to side (3.00)

S 3: FORWARD – SIDE KICK- ROCK FORWARD- RECOVER- ANCHOR STEP

1-2 Step R forward- kick Lf to L side
3-4: Step L forward- kick Rf to R side
5-6 Rock R forward – recover on L
7&8 Step R back – Recover on L- recover on R

S 4: STEP IN PLACE- LONG STEP- HITCH- STEP BACK WITH GRINDING HEELS, OPEN TOE

1-2 Step L inplace- Step R long step to right
3-4 Hitch Lf – Step L in place
5-6 Step R back while grind L heel with open toe To left (5) Step L back while grinding R heel
with open Toe to Right (6)
7-8 Step R back while grinding L heel with open Toe To Left(7) Step L back while grinding R heel
with open Toe to right (8) Lets do the cheerful dance

Warm regards

- lucie2704@gmail.com

- Lalita.oenix@gmail.com