

Sonido Del Silencio

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 4 級數: Improver
編舞者: Isabel Payeras (ES) - June 2025
音樂: The Sound of Silence (CYRIL Remix) - Disturbed



Hoja redactada por Marita Torres

TAG 1 after wall 1(6:00), after wall 2 (12:00), after wall 3(6:00), after wall 4(12:00),

TAG 2 after wall 5(6:00)

SEQUENCE: WALL 1, tag 1(6:00), WALL 2, tag 1(12:00), WALL 3, tag 1(6:00), WALL 4, tag 1(12:00), WALL 5, tag 2(6:00), Wall 6

SEC.1 CROSS, SIDE, SAILOR 1/4 TURN RIGHT, ¼ RIGHT CHASSE LEFT, 1/2 RIGHT CHASSE (12:00)

1-2 RF cross over LF, LF side left
3&4 ¼ right RF behind LF, LF side left, RF side right
5&6 ¼ right LF to side left, RF next to LF, LF side left
7&8 ½ right RF to side right, LF next to RF, RF to side right (12:00)

SEC.2 ROCK FORWARD, COASTER STEP, HEEL GRIND ¼ RIGHT, COASTER STEP

1-2 LF rock forward, recover to RF
3&4 LF back, RF back, LF forward
5-6 RF heel forward, RF heel ¼ right
7&8 RF back, LF back, RF forward (3:00)

SEC.3 TOE STRUT, ½ RIGHT TOE STRUT, WALK X 2, SHUFFLE FORWARD

1-2 LF toe forward, LF drop heel
3-4 1/2 turn right RF toe forward, RF drop heel
5-6 LF forward, RF forward
7&8 LF forward, RF next to LF, LF forward (9:00)

SEC 4 ROCK AND ROCK, POINT RIGHT AND LEFT, HEEL, FLICK

1-2& RF rock side right, recover to LF, RF next to LF
3-4& LF rock to side left, recover to RF, LF next to RF
5&6& RF toe to side right, RF next to LF, LF toe to side left, LF next to RF
7-8 RF heel forward, RF flick back (9:00)

SEC 5. WALK, WALK- SHUFFLE, WALK, WALK- SHUFFLE (TURNIG ¾ RIGHT)

1-2 1/8 right RF forward, 1/8 right LF forward
3&4 1/8 right RF forward, LF next to LF, RF forward
5-6 1/8 right LF forward, 1/8 right RF forward,
7&8 1/8 right LF forward, RF next to LF, LF forward (6:00)

SEC 6. MAMBO RIGHT AND LEFT, VAUDEVILLE RIGHT AND LEFT

1&2 RF rock side right, recover to LF, RF next to LF
3&4 LF to side left, recover to RF, LF next to RF
5&6& RF cross over LF, LF to side left, RF heel forward, RF next to LF
7&8& LF cross over RF, RF to side right, LF heel forward, LF next to RF (6:00)

SEC 7. ROCK FORWARD, SHUFFLE ½, SHUFFLE, ½, ROCK BACK

1-2 RF rock forward, recover to LF
3&4 RF ¼ right, LF next to RF, RF ¼ right
5&6 1/2 right LF back, RF next to LF, LF back
7-8 RF rock back, recover to LF (At the end of wall 6, make the gesture of silence)

TAG 1: JAZZBOX

1-2-3-4 RF cross over LF, LF back, RF back, LF forward

TAG 2: JAZZBOX X 2, ROCK SIDE RECOVER

1-2-3-4 RF cross over LF, LF back, RF back, LF forward

1-2-3-4 RF cross over LF, LF back, RF back, LF forward

5-6 RF rock to side right, recover to LF

Last Update: 27 Jun 2025
